



# TALKING HIV PREVENTION

*Post & Pre  
Prophylaxis*

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# Introduction to Prevention Tool Kit

HIV prevention includes: medicines, medical devices, medical procedures, physical barriers, and behavioral approaches.

**Medicines**



**Medical devices/  
medical procedures**



**Behavioral  
approaches**

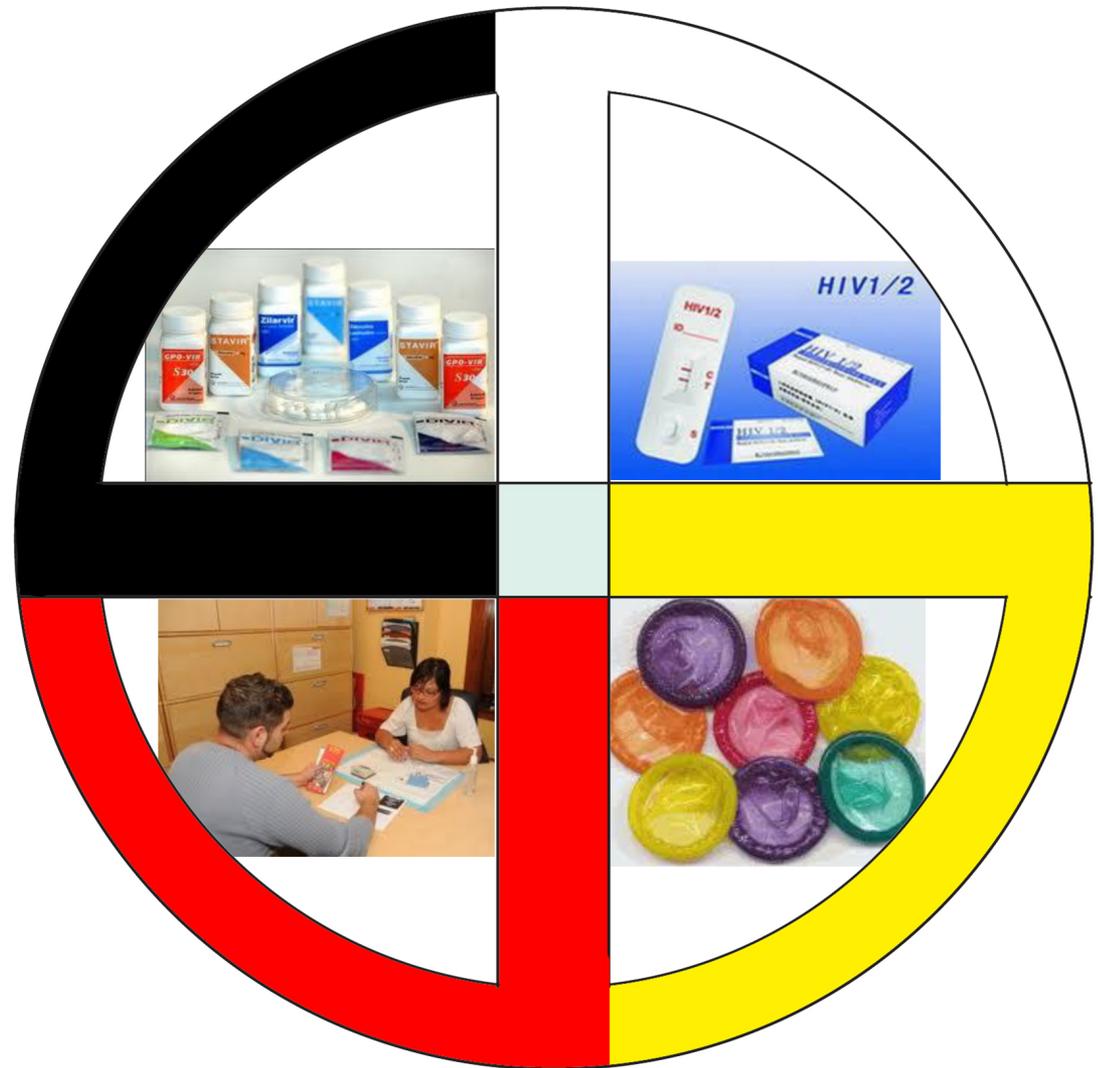


**Physical  
barriers**



## *Introduction to prevention tool kit, continued*

Comprehensive HIV prevention includes multiple approaches instead of just one or two approaches.



## *Introduction to prevention tool kit, continued*

No one HIV prevention approach will be acceptable to all people.



Research is critical to develop and test new prevention options that offer people more choices.



The best option for one person may not be the best for others.



**non-occupational  
Post Exposure  
Prophylaxis (nPEP)**



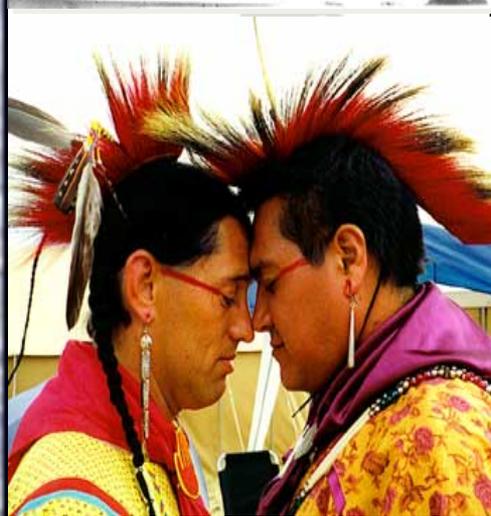
## *non-occupational Post Exposure Prophylaxis (nPEP)*

Individuals are eligible for HIV Non-Occupational Post-Exposure Prophylaxis (nPEP) if:

- Exposure occurred within the past 72 hours.
- The exposure has occurred through sexual contact or needle sharing.
- The potentially exposed person is not infected or not known to be infected with HIV.
- The source of exposure is HIV-infected or the HIV status is unknown, however, the source belongs to a high risk HIV group (injection drug users, and sex trade workers and men who have sex with men).

For info: [www.cfenet.ubc.ca/npep](http://www.cfenet.ubc.ca/npep)

**Pre-exposure  
Prophylaxis (PrEP)**



# Truvada to prevent HIV approved in Canada

Access to drug could be broadened next

CBC News Posted: Feb 29, 2016 5:06 PM ET | Last Updated: Mar 02, 2016 11:18 AM ET

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Truvada costs about \$1,000 a month. (CBC)

Health Canada has approved a daily HIV prevention pill in combination with safer sex practices, the drug's manufacturer says.

Gilead Sciences Canada announced Monday its once-daily pill containing two anti-HIV drugs is approved in Canada to reduce the risk of sexual transmission of the virus.

"We are pleased to offer this important HIV prevention tool to at-risk populations in Canada," Norbert Bischofberger, the company's chief



## Related Stories

- [HIV-prevention pill put to the test in Canadian trial](#)

# What is PrEP?

The PrEP prevention approach is focused on people who do not have HIV, but may be at risk of exposure to HIV through sexual contact and injection drug use (IDU).

- With PrEP, people who are not infected with HIV receive a prescription to take a medication.
- The medication may lower their risk of HIV infection if they are exposed to HIV through sexual contact.



## Who is PrEP for?

For MSM, this will usually consist of having one or more of the following:

- One or more HIV-positive sexual partner(s), particularly if the HIV positive partner is not receiving stable ART and/or does not have a consistently undetectable viral load<sup>1</sup>
- Recent (within 6 months) sexually transmitted infection (STI)
- Multiple sex partners
- History of inconsistent or no condom use for anal intercourse
- Involvement in commercial sex work
- Repeated courses of non-occupational post-exposure prophylaxis (nPEP)

## Who is PrEP for?

For heterosexual men or women, this will usually consist of one or more of the following:

- One or more HIV-positive sexual partner(s), particularly if the HIV positive partner is not receiving stable ART and/or does not have a consistently undetectable viral load<sup>1, 2</sup>
- Involvement in commercial sex work
- Having sexual partners who are MSM or use injection drugs or who are involved in commercial sex work

## Who is PrEP for?

For people who use injection drugs, this will usually consist of :

- Sharing injection equipment
- Injecting once or more times per day in an unsafe setting (outside of safe injection sites)
- Injecting cocaine or methamphetamine
- Repeated courses of non-occupational post-exposure prophylaxis (nPEP)

## Access to PrEP (or lack of access)?

- Truvada costs about \$800 to 1,000 per month. To facilitate access, private insurance companies need to move swiftly to add Truvada (when used as PrEP) to their list of reimbursed medicines.
- However, not everyone at high risk for HIV has private insurance. Canada's provinces and territories now need to consider adding PrEP to their lists of subsidized medicines (these lists are called formularies). Unless they provide subsidies, it is unlikely that Truvada will reach its full potential to significantly stem the spread of HIV.

# Kinanāskomitin, Exsi Maka



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