

UBC Learning Circle & Youth Circle Streams

The term 'Aboriginal' on our website is inclusive of First Nations, Inuit, Metis, non-status and all Indigenous peoples in Canada.

The overarching goal of the Learning Circle is to improve Indigenous health and to reduce health inequities between Indigenous and non-Indigenous peoples in British Columbia through the ongoing delivery of videoconference and computer webinar sessions on health and wellness topics of interest to Aboriginal populations, health professionals, community members, and youth.

Streams	Goals & Objectives*	Audiences**	Strategy/Process
Skills Enhancement: Capacity building for healthcare workers	<ul style="list-style-type: none"> • Build and update skills for health care workers • Create a centre for Aboriginal distance education • Reduce the cost of travel for educational purposes, thereby keeping people in their communities and enabling them to remain immersed in their cultures while building skills and qualifications for health care careers 	Health care workers	<ul style="list-style-type: none"> • 'Expert' speakers will deliver skill-building sessions so that participants come away with enhanced knowledge in specific topic area
Community Conversations: Sharing Indigenous knowledge in health and wellness	<ul style="list-style-type: none"> • Offer informal presentations to communities that fosters discussion on health and wellness • Facilitate conversations between communities and health care workers • Engage community members and decision makers through presentations on health-related policies • Provide a safe space for communities in BC to share, explore, and problem solve with one another on strengths, best practices, concerns, and needs 	Aboriginal community members Health care workers	<ul style="list-style-type: none"> • Speakers will facilitate and guide interactive discussions • Presentations are shorter and enable active, community-centered discussion • Speakers and participants encouraged to use multimedia and other tools to help create active conversations

<p>Research Dialogues: Connecting the academy with community</p>	<ul style="list-style-type: none"> • Formal presentations by health researchers, academics, professionals, etc. • Share studies being conducted at the UBC School of Population and Public Health as well as from other UBC departments, academic institutions, and research centres • Enhance accessibility of academic institutions by Aboriginal communities and make research available to communities 	<ul style="list-style-type: none"> • Aboriginal community members • SPPH graduate students and faculty • Current and aspiring Aboriginal health sciences and other university students 	<ul style="list-style-type: none"> • Speakers will share research relating to Aboriginal populations and health topics
<p>YOUTH CIRCLE Role models and mentorship</p>	<ul style="list-style-type: none"> • Provide career and education options to Aboriginal youth • Inspire, encourage, and support youth's positive choices • Provide personal examples of how to move towards achieving personal goals 	<ul style="list-style-type: none"> • Aboriginal youth seeking careers and education information in the topic area • Individuals who work with Aboriginal youth 	<ul style="list-style-type: none"> • Sessions designed to be interactive conversations (as opposed to formal presentations) • Speakers and participants encouraged to use multimedia and other tools to help create active conversations
<p>Skill-building and self-care</p>	<ul style="list-style-type: none"> • Build knowledge and skills on a range of health topics (e.g. sexual health, multimedia, time management, financial management, etc.) 	<ul style="list-style-type: none"> • Aboriginal youth wanting to build or improve their skills on the topic 	

* The objectives listed above might also be applicable to other streams. For organizational purposes they have been placed in the stream to which they most relate.

** We invite non-Aboriginal participants with related experience and interests.