

WHAT

What is Breast Health 101?

Breast Health 101 is a free, informative one hour educational opportunity delivered to a group of women, men or mixed. It is a chance to talk about breast health, early detection, mammograms, as well as dispelling common myths around breast cancer and its causes. In addition you will learn how to be proactive in reducing your risk.

WHY

Why should you attend?

Everyone has fears. Breasts should not be one of them.

Learn the basics. It could save your life or the life of someone you know.

WHEN

WHERE

www.cbcf.org

