



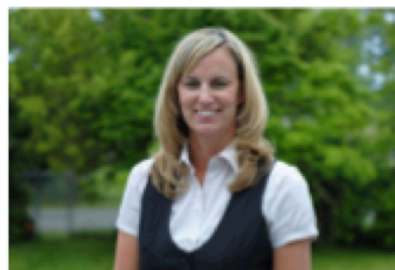
# BREAST HEALTH 101

**What is Breast Health 101?** Breast Health 101 is a free, informative one-hour educational opportunity delivered to a group of women, men, or both together. It's a chance to talk about breast health, early detection, mammograms, as well as dispelling common myths around breast cancer and its causes. You'll also learn how to be proactive in reducing your risk.

**Why should I attend?** Everyone has fears. Your breasts should not be one of them. Learn the basics. It could save your life or the life of someone you know.

**When and Where is it?** This UBC Learning Circle event happens on **April 17, 2013 from 10 a.m. to 12 p.m.** You can participate by videoconference or join via Adobe Connect if you are on your home, office, or school computer. Click [here](#) to register!

Presenter **Amanda McNally** is the Community Relations Coordinator at the Canadian Breast Cancer Foundation BC/Yukon Region. Amanda's passion for the cause comes from her desire to create a future without breast cancer so her children never know what it is like to lose their mother to breast cancer.



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