

# Somatic Experiencing®

TRAUMA INSTITUTE



## TRAINING FOR HEALING PROFESSIONALS

Are you a helping professional interested in more effectively addressing your clients' stress and trauma symptoms?

- Would you like a gentle and highly effective psycho-biological approach to preventing and resolving trauma and stress-related conditions?
- Would you like to understand the science behind Somatic Experiencing® (SE®) and how it can help your clients recover?

Somatic Experiencing®, developed by **Peter A. Levine**, PhD, bestselling author of, "**Waking the Tiger: Healing Trauma**," and recipient of the 2010 USABP Lifetime Award, is based on the physiological study of how animals in the wild process and recover from stress and life-threatening situations.

This revolutionary method, supported by leading-edge neuroscience, is based on the observation that wild prey animals, though routinely threatened, are rarely traumatized. Animals in the wild utilize innate mechanisms to regulate and discharge the high levels of energy arousal associated with defensive survival behaviors. These mechanisms provide animals with a built-in "immunity" to trauma that enables them to return to normal in the aftermath of highly "charged" life-threatening experiences.

**The Somatic Experiencing® Professional Training Program**, taught worldwide, provides healing professionals with the knowledge and skills required to effectively address PTSD, as well as developmental and shock trauma. The SE® training offers a comprehensive, clinical understanding of our biological capacity to heal trauma and the skills necessary to facilitate this natural process. SE®'s body-focused approach helps restore the inherent self-correcting, self-regulating mechanisms of the human nervous system, enhancing clients' capacity to fully enjoy a wide spectrum of human experience.

### Facilitators:

**David de Rosenroll**, PhD., RCC, CCC, USABP, SEP, SE® Trauma Institute faculty. David has taught clinical skills to graduate level counsellors for over 20 years, maintains a private practice and works with Aboriginal healers and counsellors as a clinical consultant. All areas have been influenced by Somatic Experiencing.

**Dea Parsanishi**, MEd, CCC, SEP & SE® Trauma Institute faculty has been working with traumatized humans for over 20 years. She lives in a small, culturally diverse community on the west coast of Vancouver Island, where she practices SE® with a particular focus on early developmental trauma & attachment. Dea's SE® practice has been profoundly affected by her work with local First Nations healers & communities, and by their ancient, natural relationship to the underlying principles of SE®. She brings this awareness of culture, family, human development & attachment to her teaching, bridging theory to practice.



## 2015 Training in Qualicum Beach, Canada

Beginning I June 5-8, 2015

Beginning II Oct 16-19, 2015

Beginning III Feb 12-15, 2016

Training to be held at the  
Qualicum Beach Civic Centre  
747 Jones St.

[www.qualicumbeach.com](http://www.qualicumbeach.com)

For more info or to register,  
contact

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For more information on Somatic Experiencing® visit:  
[TraumaHealing.com](http://TraumaHealing.com)