

# Doula's for Aboriginal Families

## Grant Program



### Are you pregnant or planning on becoming pregnant?

The BC Association of Friendship Centres and First Nations Health Authority are proud to jointly offer funding to pay for prenatal, birthing and postpartum doula services for expectant Aboriginal mothers and families, living in BC (both on and off reserve).

### What is A Doula?

Doulas provide emotional, physical and spiritual support for women and families during pregnancy, labour and after birth. Doulas are non-clinical providers who work with you and your physician, midwife or nurse to support your pregnancy.

### Purpose of the Grant Program

There are a number of benefits to the continuous, supportive care that a doula provides during pregnancy, labour and after birth. Doula care can increase the likelihood of a positive pregnancy experience, vaginal birth and breastfeeding.

[www.bcaafc.com](http://www.bcaafc.com)

*“A Doula can help women find their strength and place of power in giving birth.”*



# Doulas for Aboriginal Families

## Grant Program






### Eligibility for Families

All applicants must:

-  Be of Aboriginal descent
-  Reside in BC (both on and off reserve)

### How to Apply

-  Download the grant application form at [www.bcaafc.com](http://www.bcaafc.com) and submit completed to the BCAAFC for pre-approval
-  Your accredited Doula must download the Doula application form at [www.bcaafc.com](http://www.bcaafc.com) and submit completed to the BCAAFC for pre-approval
-  After you or your family member has given birth the pre-approved Doula will submit the grant programs invoice for payment

***Grants provide up to \$1000 in coverage***

**For More Information Contact:**

*Doula Support Administrator*

*[doulasupport@bcaafc.com](mailto:doulasupport@bcaafc.com)*

***1-800-990-2432 or 250-388-5522***

[www.bcaafc.com](http://www.bcaafc.com)



BC Association of  
Aboriginal Friendship  
Centres



First Nations Health Authority  
Health through wellness