

Dalai Lama Centre for Peace (<http://dalailamacenter.org>)

Established in 2005 in Vancouver, Canada, the Dalai Lama Center for Peace and Education is inspired by the Dalai Lama's vision for 21st century education. His belief that a balance between educating the mind and **educating the heart** will help create a more compassionate and peaceful world is the cornerstone of the Center's mission.

Heart Mind Institute (heartmindonline.org)

Heart-Mind Online is for all those who are searching for evidenced-informed resources that educate the hearts of children. The collection of resources builds capacity in individuals and communities to support the Heart-Mind well-being of children, and promotes their positive social and emotional development. This website was developed by the Dalai Lama Center for Peace and Education.

The World Kindness Movement(<http://www.theworldkindnessmovement.org>)

WKM is an international movement with no political or religious affiliations. The formation of the organisation crystallised at a conference in Tokyo in 1997 when Japan brought together like-minded kindness organisations from around the world. It is now recognised as the peak global body for Kindness, . The mission of the WKM is to inspire individuals towards greater kindness and to connect nations to create a kinder world. Members of the movement include over 25 nations with representatives from Australia, Brazil, Canada, China, France, India, Italy, Japan, Liberia, Malaysia, Mexico, Nepal, Netherlands, New Zealand, Nigeria, Oman, Pakistan, Romania, Scotland, South Korea, Switzerland, Thailand, United Arab Emirates, Ukraine, United Kingdom and the USA.

The Gottman Institute (www.gottman.com)

We understand that the human family is in crisis, and that all individuals are capable of and deserve compassion. It is our mission to reach out to families in order to help create and maintain greater love and health in relationships. We are committed to an ongoing program of research that increases the understanding of relationships and adds to the development of interventions that have been carefully evaluated. It is our goal to make our services accessible to the broadest reach of people across race, religion, class, culture, sexual orientation, and ethnicity. We are also committed to the care and support of our Institute team, as we know that compassion must begin with ourselves.

The Neufeld Institute (www.neufeld.com)

The Neufeld Institute is committed to putting parents back into the driver's seat with regards to their own children. Our mission is to use developmental science to rejoin parents and teachers to their own natural intuition. All our endeavours are based on the understanding that the context for raising children is their attachments to those responsible for them. The primary thrust is prevention although the paradigm is also applicable to the most troubled of children and in the most turbulent of situations.



Dr. Dan Siegel (drdansiegel.com)

Welcome to our worldwide conversation about the human mind and the cultivation of well-being! Discover the [mindsight](#) approach and the latest science as it emerges in the exciting field of [interpersonal neurobiology](#). Our mission here at the [Mindsight Institute](#) is to provide a scientifically grounded, integrated view of human development for mental health practitioners, educators, organizational leaders, parents, and others to promote the growth of vibrant lives and healthy minds. Join in the collaborative journey to bring more kindness, compassion, and resilience into our world!

Brene Brown (brenebrown.com)

Dr. Brené Brown is a research professor at the University of Houston [Graduate College of Social Work](#). She has spent the past thirteen years studying vulnerability, courage, worthiness, and shame.

Recommended Reading:

Look To the Mountain, An Ecology of Indigenous Education by Gregory Cajete, PhD.

The Empathic Civilization by Jeremy Rifkin

Indigenous Healing by Rupert Ross

The Little Book of Circle Processes by Kay Pranis

Sitting In The Fire by Arnold Mindell

Returning To The Teachings by Rupert Ross

Dancing With A Ghost by Rupert Ross

The Comeback by Jaohn Ralston Saul

The Inconvenient Indian by Thomas King

The Wayfinders by Wade Davis

Our Story Aboriginal Voices on Canada's Past

The Age of Empathy by Frans DeWaal

