Nine Timeless Principles of Success

• Denise Findlay, CPCC, ACC Educator, Facilitator and Consultant Owner of Kweykway Consulting http://kweykway.ca

• Dr. Indrani Margolin, PhD, MSW, RSW Associate Professor, Social Work UNBC at Langara

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Agenda

• **Self Image**… how it’s formed, how it limits us and how we can break the chains that have held us captive
• **Creating** a self image and vision for our life that we truly desire and inspires action
• **Strategies** to help centre ourselves and think the thoughts that will extinguish self doubt and lead to the manifestation of our visions
• **Relationality and unity** of an Indigenous Life way
• **Q&A**
Catastrophe

catastrophe

catastrophe

Gk: katastrophe
Fr: kastastrephein

1. Turning point
2. To overturn

Kata means down
Strpheein means to turn

The turning point in life
It is never the end
Nine Timeless Principles of Success

An Unfailing Guide for Peace & Prosperity
Self Identity

Who am I?

What am I doing here?

Where is here?
Self Identity

Where am I going to?

What is my Purpose here?

Why do I do the things that I do and the way I do it?
The Answers is Your Self Image which is Your Power

“What we are, that only can we see.”

...Emerson

Your Self Image makes you what you are. The sum total of your beliefs & memory, understanding & knowledge.
You are totally dependent on your Self Image for everything you do. That is your Unfailing Dependency.

Your Goals, Your Visions, Your Aspirations, and all Your Response System is directly limited by Your Self Image.
Self Image

“What we are, that only can we see.”

…Emerson

We cannot see or think what we are not.

We cannot desire what we cannot be.

We are trapped in our Self Image.
“As a man thinketh in his heart, so is he.”

All the thoughts that you think or capture from the Universe has to filter through your Self Image before it can enter your heart.
“As a man thinketh in his heart, so is he.”

If your Self Image doesn’t agree with the thought that you are entertaining then it will not be permitted to enter your heart.

You cannot think that thought.
If today I told you to think of being a Billionaire, you will laugh at me. Why?

Because your current Self Image would not permit this thought to enter your heart.
“As a man thinketh in his heart, so is he.”

But if I told a Billionaire that he should be thinking of making another Billion this year he would not laugh, rather he will be entertaining that thought.

Why?

Because he has the Self Image of a Billionaire. His Billionaire Self Image will allow the thought of making another Billion to enter his heart.
How is the Self Image Formed?
Development of Self Image

Elephant The Most Powerful and the Biggest Mammal on Earth living today
• The elephant can tear down trees and push down walls effortlessly.

• It is used by its owners to pick up huge logs and tree trunks from the river and load them on transport trucks.

• During the night it is tied to a 3 ½ foot pole stuck in the ground with a chain around one of its legs.

• It never breaks free.
It never breaks free.

It can break free with a gentle nudge.
It won’t even feel the pull.

It does not even try to break free!
Why doesn’t it break free?
• When it was a baby it was tied to this 3 ½ foot pole with a chain to one of its hind legs.
• It tried with all its might to break free then.
• It was not strong enough to pull the pole out of the ground.
After trying, with all its might, it gave up.
Then when it grew up to be a giant and could tear down giant trees, which it does for a living, it doesn’t even make an attempt to free itself by pulling out the 3 ½ foot pole stuck to the ground which holds him captive.
Why?

It’s Self Image is formed.

It’s belief system and it’s memory are formed.
It’s mindset is stuck to the 3 ½ foot pole.

The strength is not in the body.

The strength is in the mind.

How do you train the mind to free itself?
Free the mind from the 3 ½ Foot Pole.

Free the mind from dependency on circumstances.

Release the heart from the intellect and let it free to think the thoughts that it wants to think regardless of the circumstances.
To make it realize that circumstances do not make the man/woman, it only reveals his/her thought patterns. That it has dominion over everything and the least of it is its 3 ½ foot pole.
We all Have Our 3 ½ Foot Poles

• We have to identify it.
• Emotionally prepare our self to pull it out.
• Then free our self from our chains and our 3 ½ foot pole.

How do we do that?
We all have our little worlds that we live in and think that is all there is and nothing else.
Till one day someone comes and tells us that there is a bigger world out there.

We have infinite power to be anything we want to be and have anything we want to have and do anything we want to do.
At first we don’t believe him.

Then out of curiosity and/or sarcastic skepticism, to prove him wrong, we check it out. Then in experiencing it we open up our mind and enter the path of Joy.
Before Freedom Comes

- All Freedom has to be fought and won.
- We will have to free our mind from our dependency from our circumstances.
Before Freedom Comes

- It will not be a cake walk but it will be glorious.

- Here is a story, an old folklore as taught by the teachers of the old as the beginning of the breaking free.
Before Freedom Comes

• Then we will show you how you can take back your power from the tyranny of your circumstances.

• Here is the story.
The Story of the Frog of the Well and the Frog of the Ocean
There was this frog born in a well and raised in a well. Did not know that anything existed outside the well.
Then on one memorable day.

The frog of the ocean came to visit the frog of the well.

This is just a story. We know that there are no frogs in the ocean.
The frog of the well asked,

- “How big is your ocean?
- “It is bigger than this well”, said the frog of the ocean.
The frog of the well laughed.

- “How much more bigger than this well?
- Twice the size?
- Three times the size?”
- Very condescendingly.
The frog of the ocean replied,

• “Millions of wells like this will not even suffice. It will get lost in the ocean.”
“I must see it to believe it.”

The frog of the well laughed again.
So they went on a journey to the ocean.
Explosion.

As they approached the ocean, and the frog of the well saw the ocean, his mind exploded.

He realized that there are other worlds and other dimensions.
His mind opened up. He was ready to enter into his own being and dive into the infinite power of his Stillness.

To live an unlimited life.

To do that he now must change. A metamorphosis must take place.

He was ready.
“What the Caterpillar calls the end of the world, the Master calls the Butterfly.”

… Matthew Arnold

- The oak is in the acorn.
- The acorn had to enter its Stillness in the ground and in the silence of darkness. It has to be watered by the Spirit of Life. Then the acorn will cease to exist and the oak will emerge.
“What the Caterpillar calls the end of the world, the Master calls the Butterfly.”

… Matthew Arnold

- We too had to break up our old Self Image, the acorn of our life in the silence of our Stillness. And meditate, that is watering our “Self” with the Spirit of Life. The watering is done in quiet contemplation ... “Who am I?”
“What the Caterpillar calls the end of the world, the Master calls the Butterfly.”

… Matthew Arnold

- The answer will come in a clear voice … “I am that.”
- “I am.”
Consciousness Creates

We come into this existence as a caterpillar and we are required to become a butterfly.
The Awareness of the Caterpillar
The awareness of the caterpillar with many legs:

- It crawls. It only crawls.
- Eats the leaves all day long.
- It excretes as it eats.
• It is not aware of the possibilities.
• Victim of the birds.
When a slight awareness comes, it realizes it has to know more.
It enters into Stillness.
Forms a Cocoon around itself.
It Visions all its possibilities.
This leads to awareness of itself.
Self Awareness

- The possibilities.
- It’s infinite power.
Unfolds into a Monarch Butterfly
• It does not crawl anymore.
• It does not eat leaves anymore
• It does not even eat the flowers.
It drinks the nectar of the flowers.

Oh no,

• It drinks the nectar of life.
He/She knows the answers to the question ... Who Am I?
What the caterpillar calls the end of the world, the Master calls the butterfly.

… Matthew Arnold
Ancient Secrets Of Success Will Give You The
Three Indispensable Tools for Self Mastery

1. The Four Steps To Meditation and Embrace The Truth
2. The Four Proclamations (Four Eternal Truths)
3. Four Steps To Visioning and Manifesting The Vision

Without these three tools all knowledge of empowerment will remain unused, impractical and will become a burden like being hungry at a banquet of life because your hands are tied up behind your back.
Important Info

• For more information on our seminars and workshops contact Denise Findlay at
denise@kweykway.ca
http://kweykway.ca

• If you want to find out more about Ancient Secrets of Success by Tulshi Sen and obtain a copy of the book visit:
www.tulshisen.com/ancient