Enriching Care for Gitxsan First Nations with Dementia through Culturally Relevant, Place-based Learning

Debbie Sullivan, Mavis Sebastian and David McAtackney

September 17th, 2019

BACKGROUND

BCNRI – Practice-Based Nursing Program

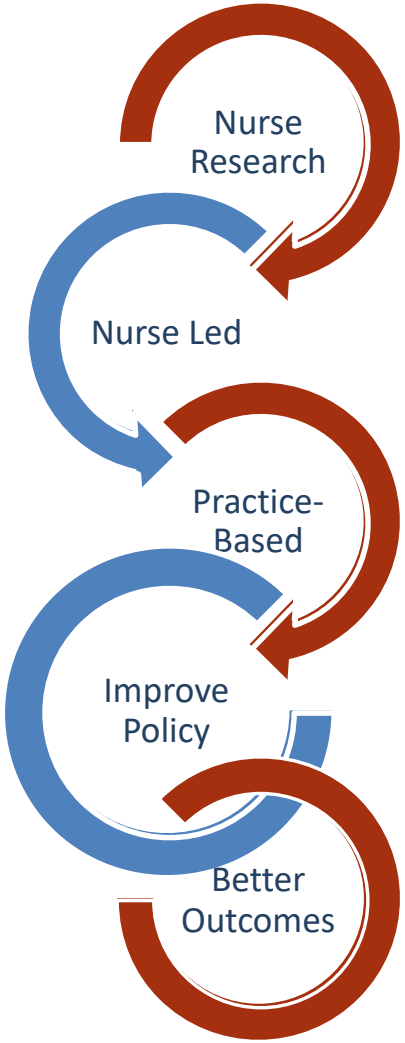
MICHAEL SMITH FOUNDATION FOR HEALTH RESEARCH

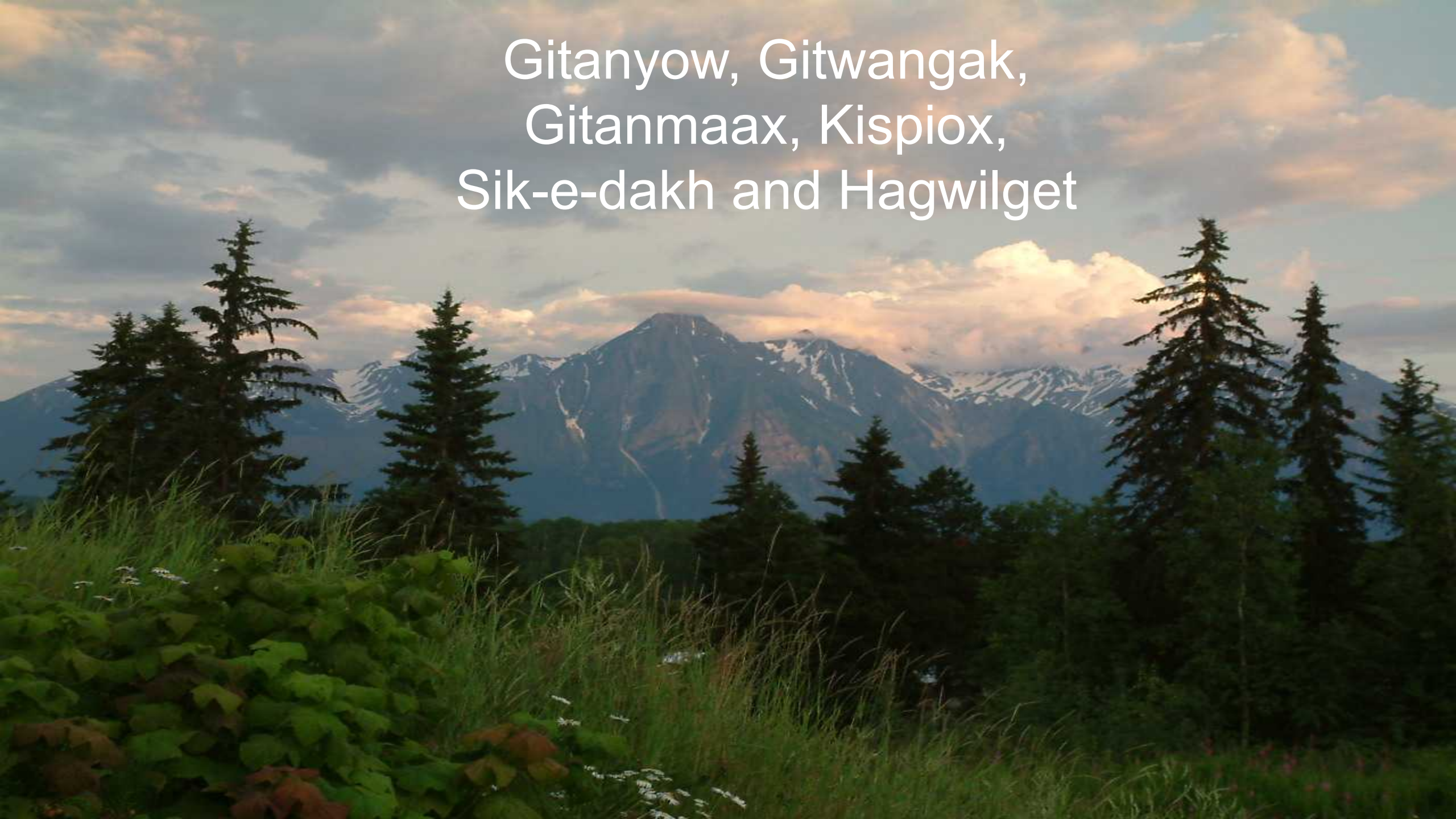
Discover. Connect. Engage.

Request for Applications

BC Nursing Research Initiative

Practice-based Nursing Research Program




Gitanyow, Gitwangak,
Gitanmaax, Kispiox,
Sik-e-dakh and Hagwilget

Objectives

- Recognize components of Indigenous Research methodology
- Describe some of the findings which could inform future research with Indigenous people
- Recognize the richness in including cultural learnings in your work

“We could change Elder Care for the Gitxsan People through Nursing Research and Education”

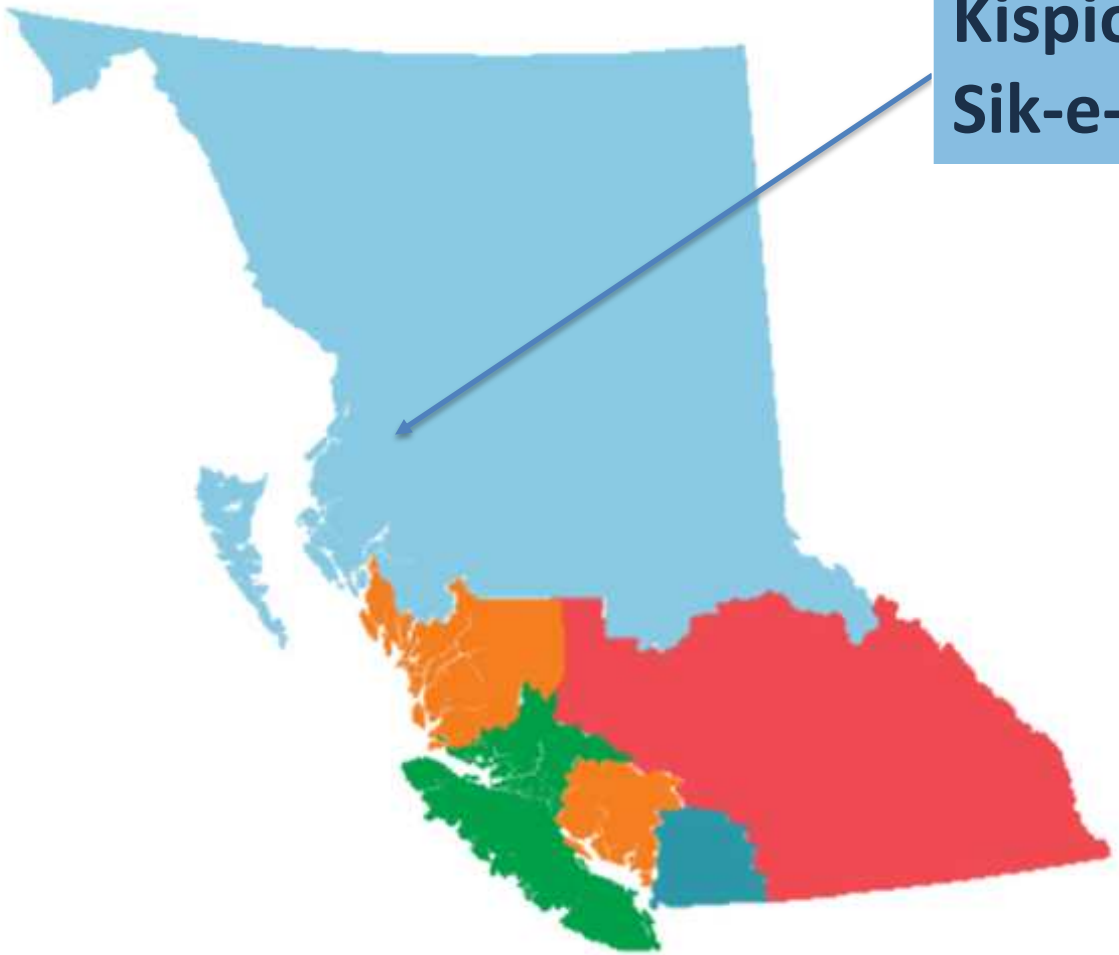
An innovative idea from the Gitxsan Health Society’s Executive Health Director, Mary Knowles

How can culturally relevant, place-based learning for Nursing teams, families and community enrich the care for Gitxsan First Nations' Elders with Dementia?

BCNRI Research Question

PARTNERSHIP

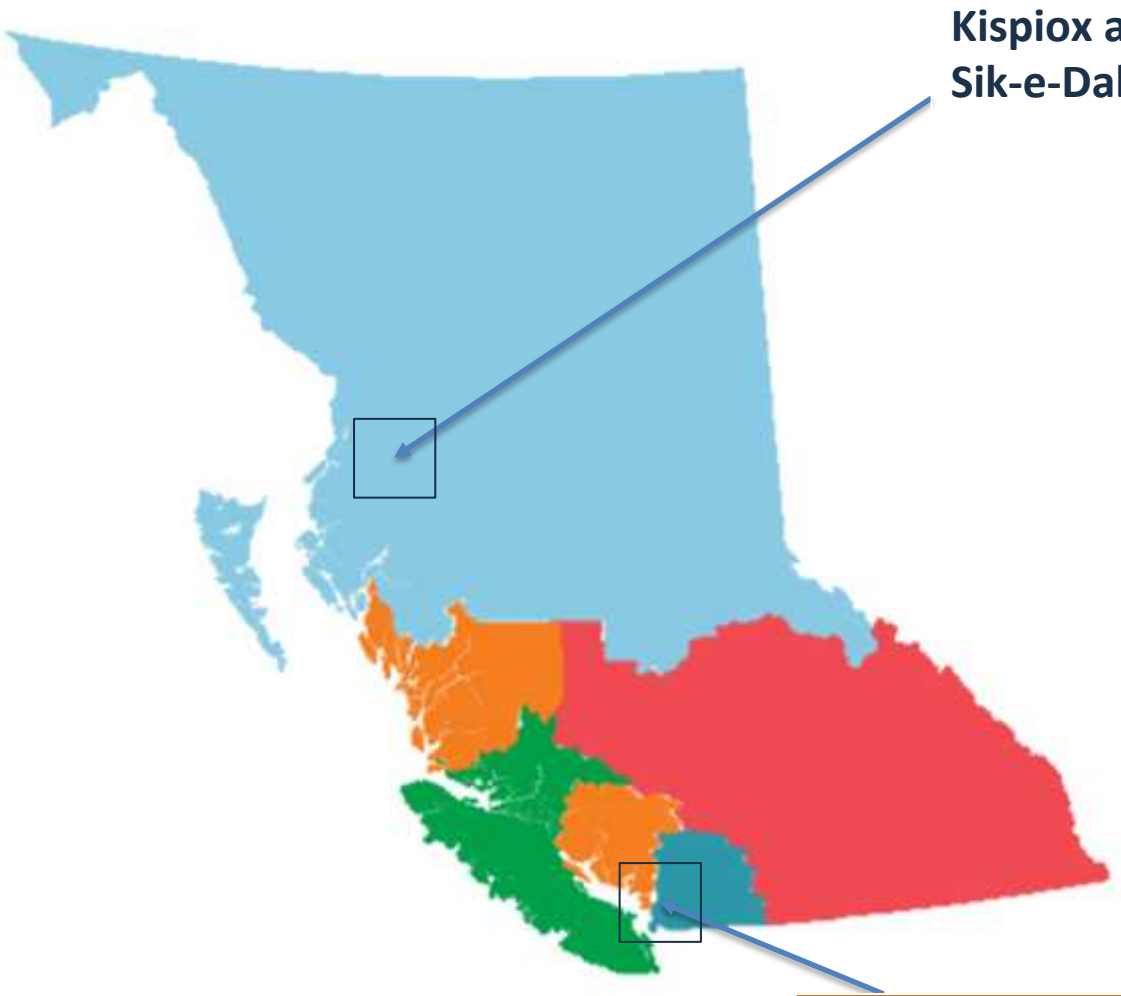
How we worked together



Kispiox and Sik-e-Dakh

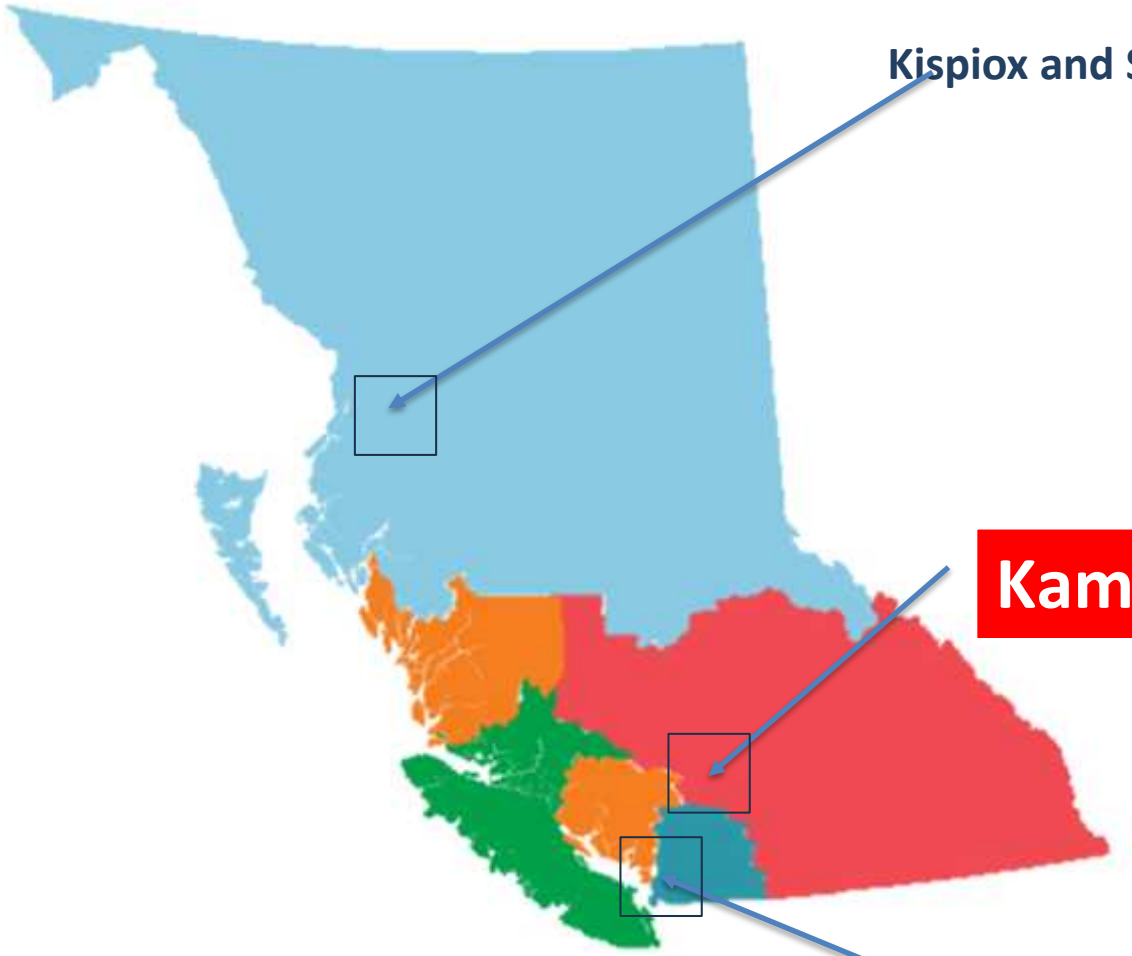
GITXSAN HEALTH SOCIETY

How we worked together



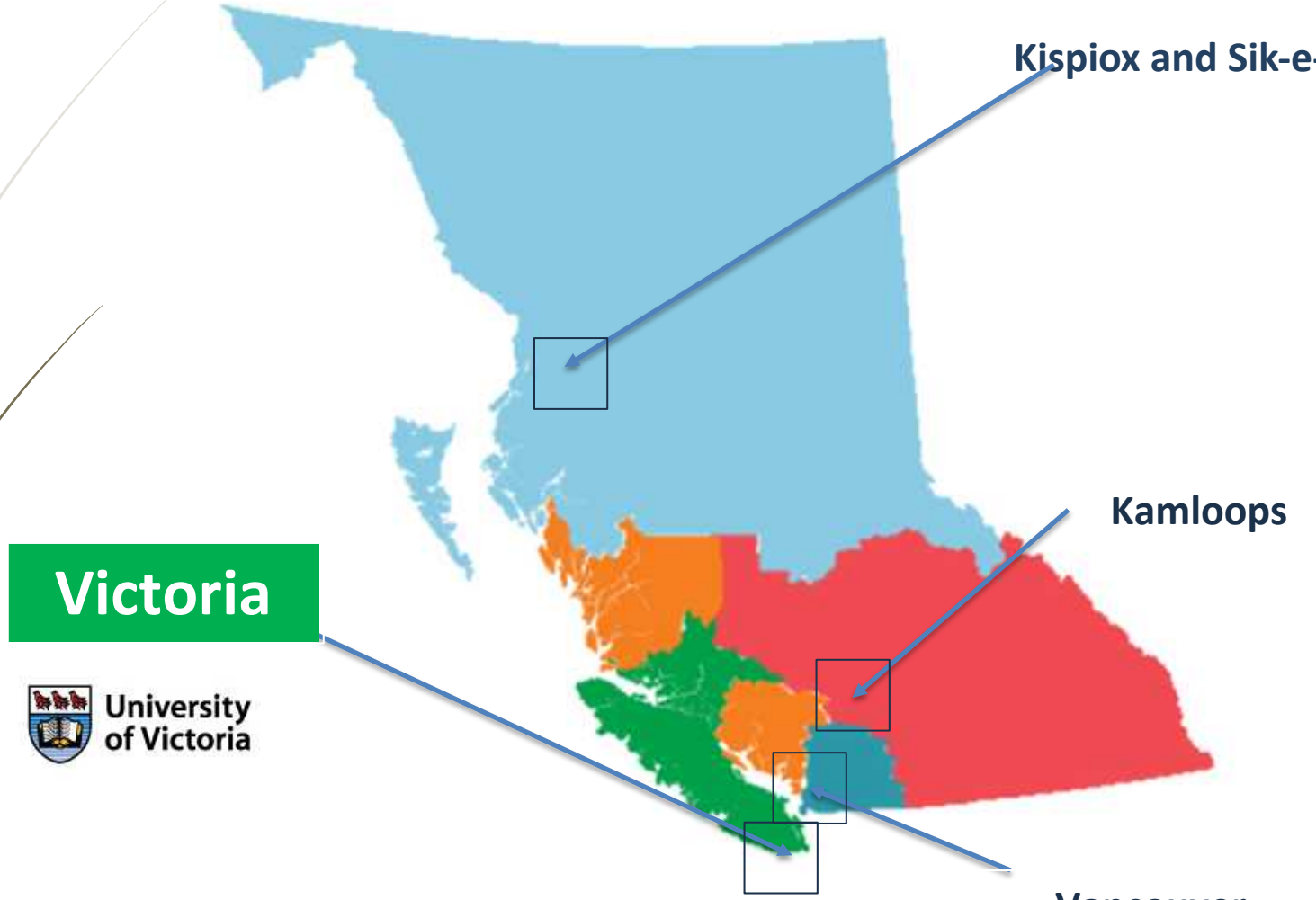
First Nations Health Authority
Health through wellness

How we worked together



THOMPSON RIVERS UNIVERSITY

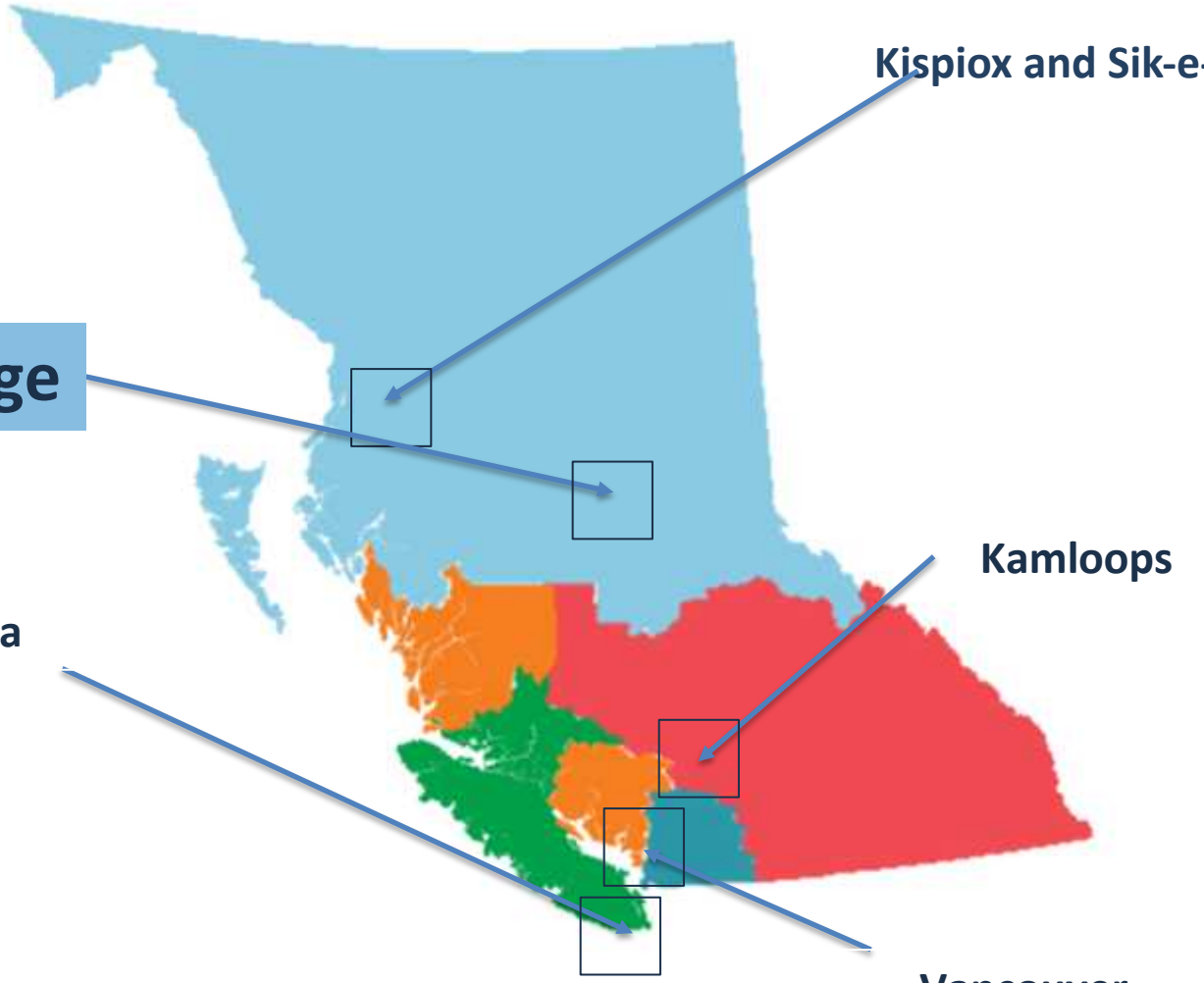
How we worked together



How we worked together

First Nations Health Authority
Health through wellness

UNBC UNIVERSITY OF NORTHERN BRITISH COLUMBIA



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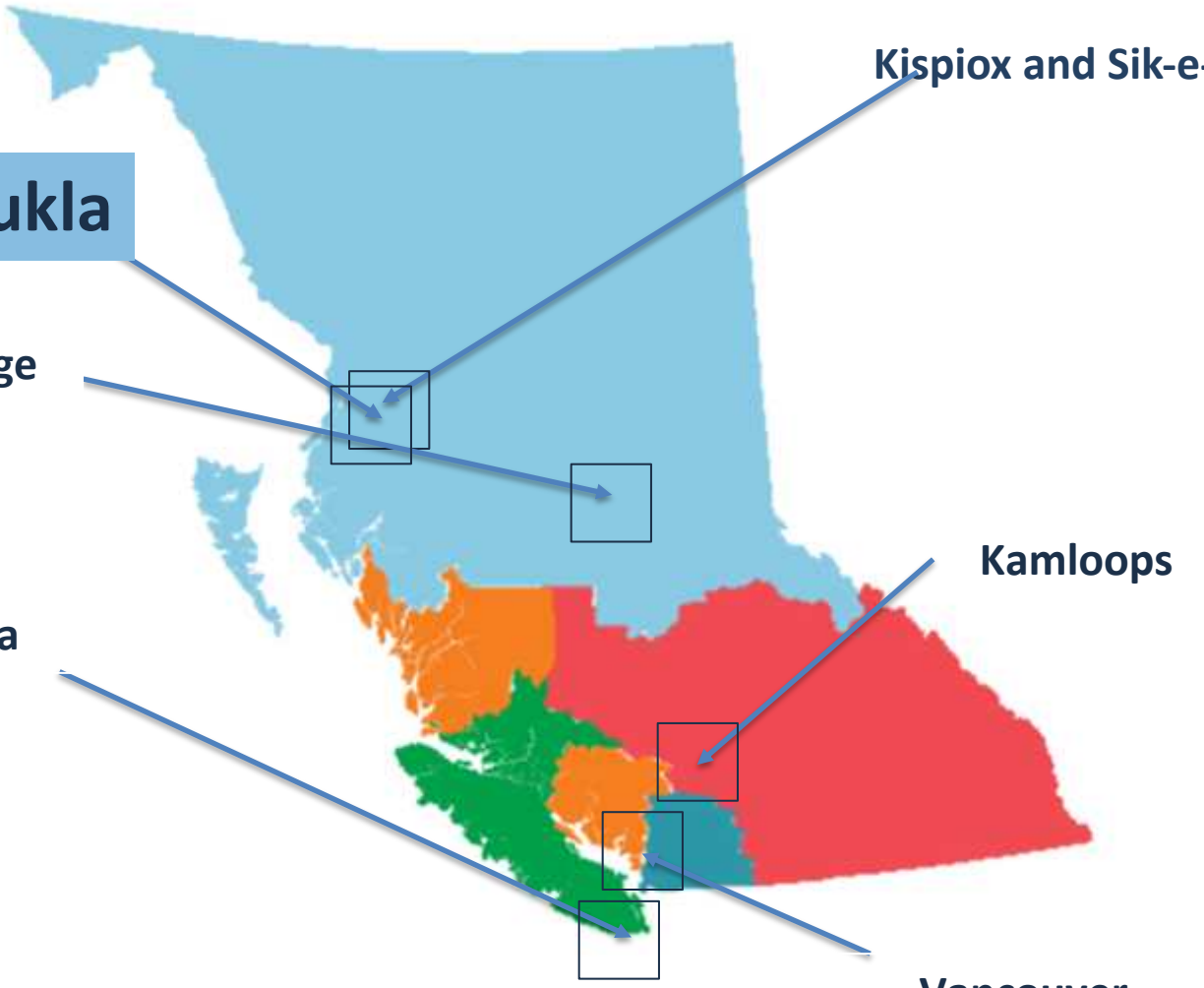

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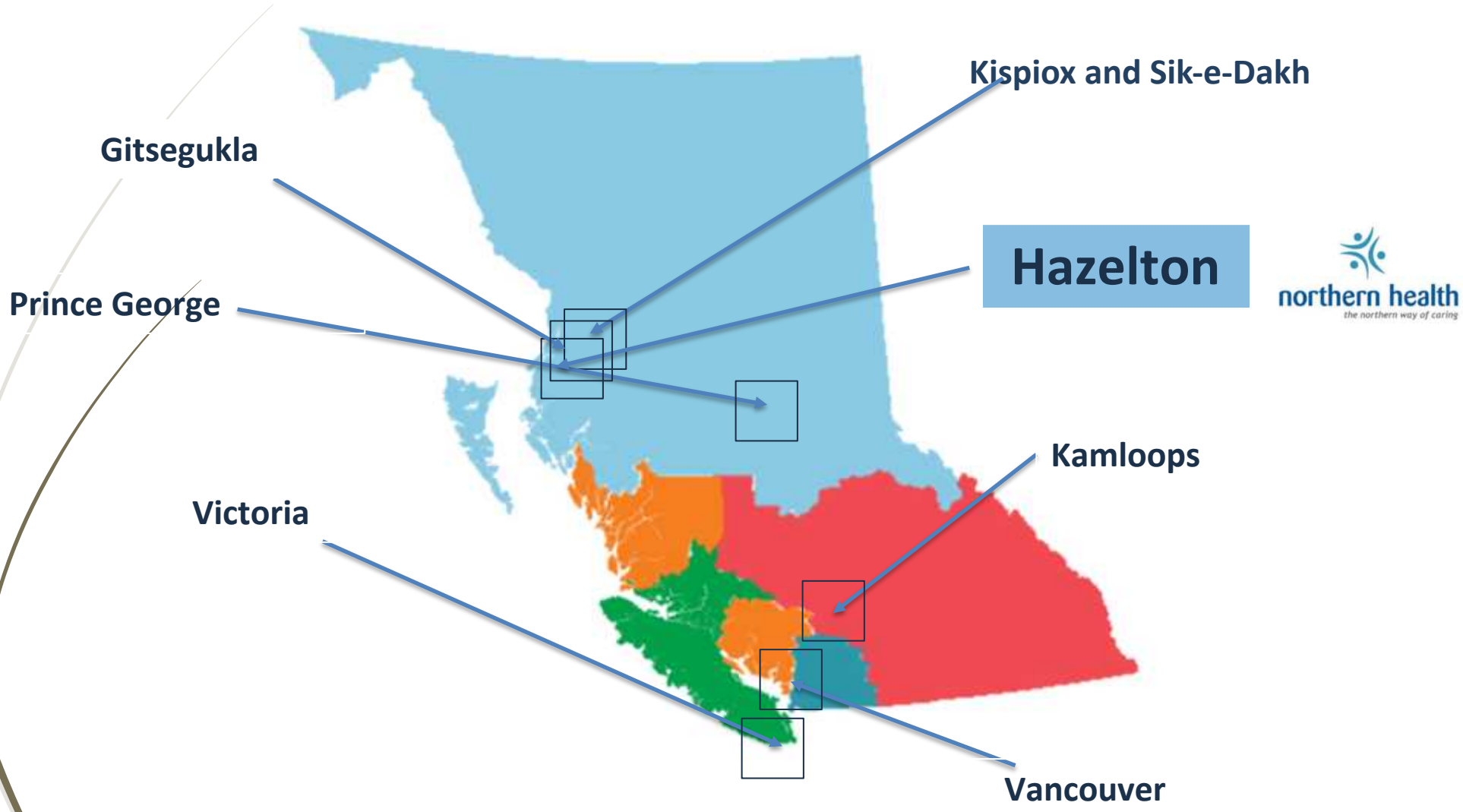

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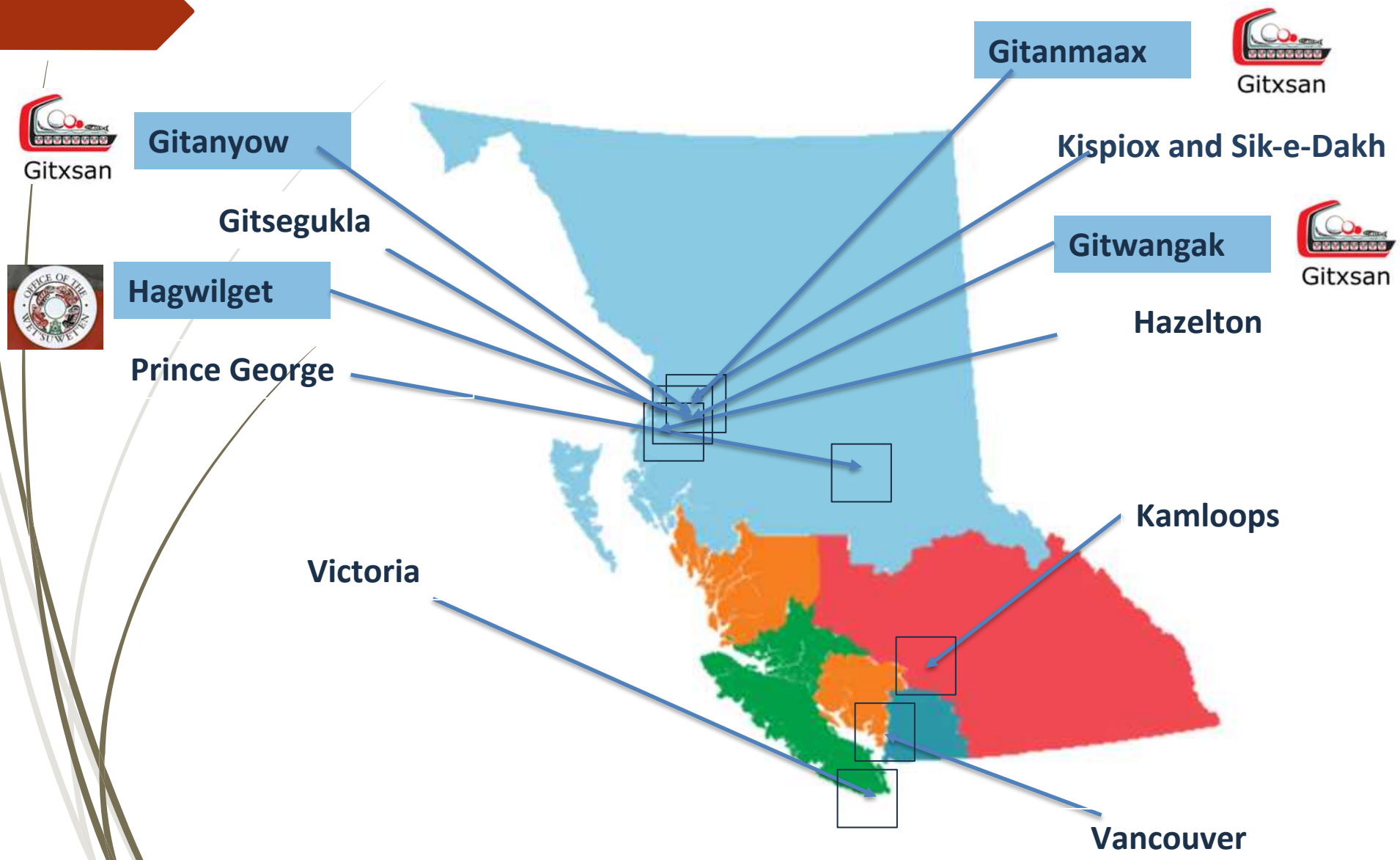


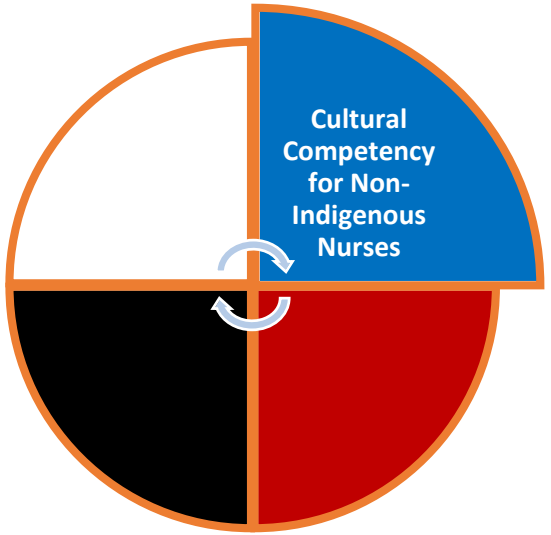
Cultural Advisory Council

The Cultural Advisors (from left to right in this photo):

Dorothy Lattie, Gloria Blackwater, Doreen Angus, and Joan Brown

PROJECT

Cultural Learning/Competency



Two-Eyed Seeing

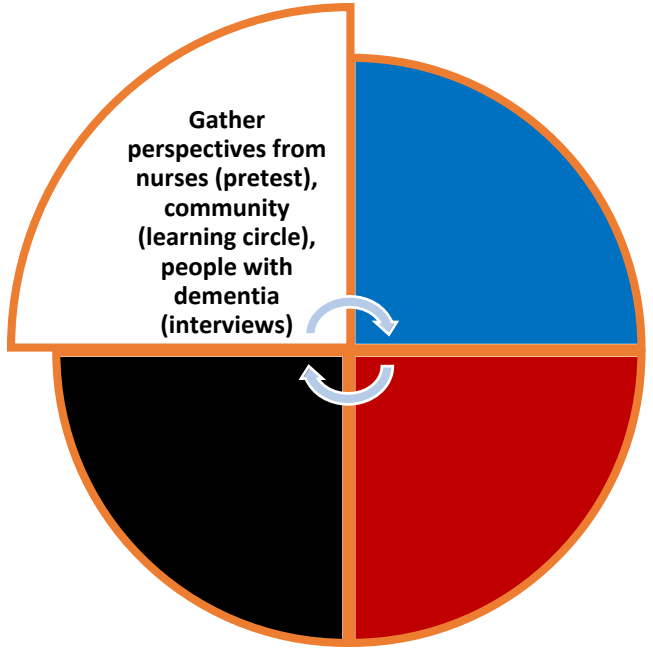
Gitxsan Health Society, 2017 - Hypothesis

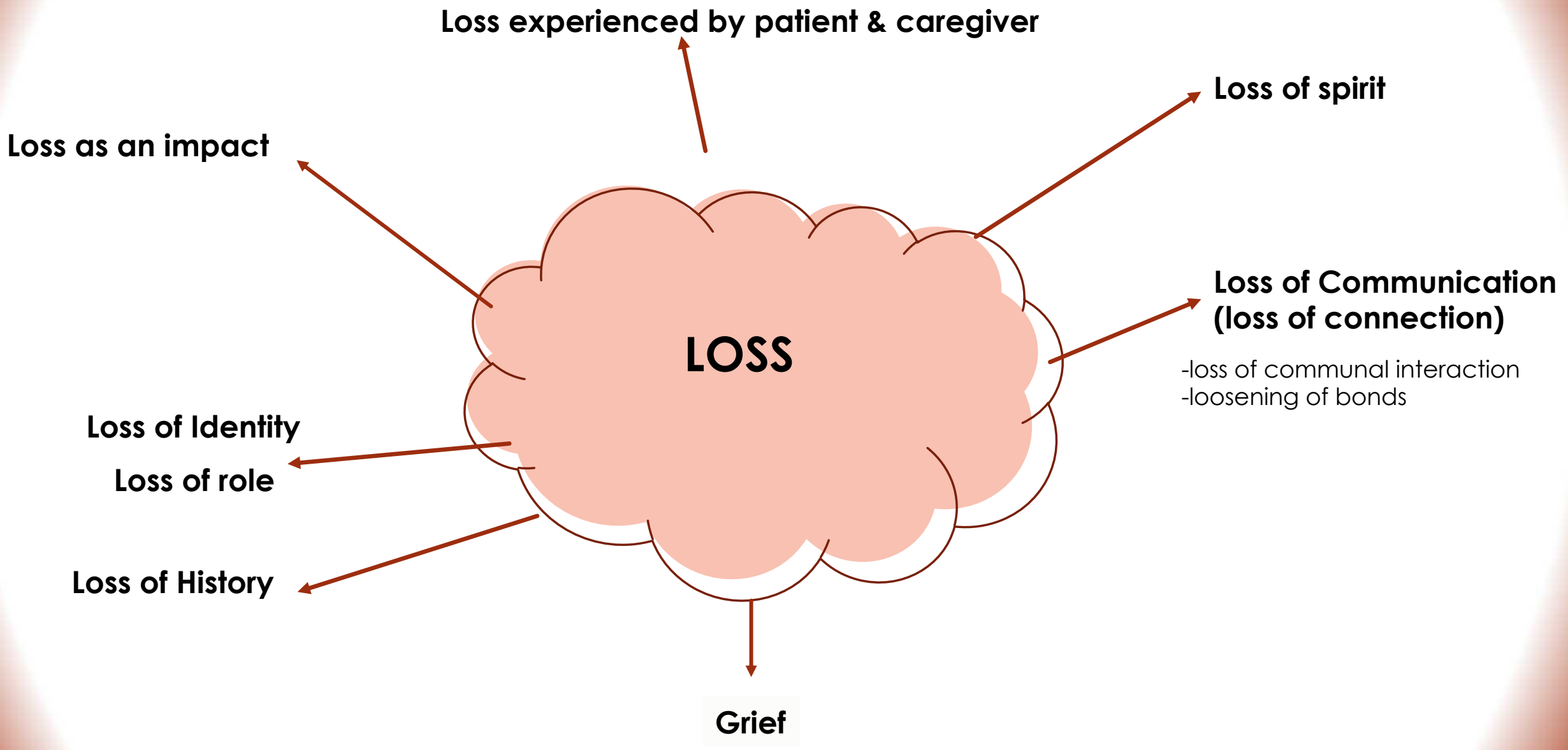
Gathering knowledge

Nursing Pre and Post tests

Interviews

Learning Circle




Loss experienced by patient & caregiver
Loss of spirit
Loss as an impact
LOSS
Loss of Communication
(loss of connection)
-loss of communal interaction
-loosening of bonds
Loss of Identity
Loss of role
Loss of History
Grief

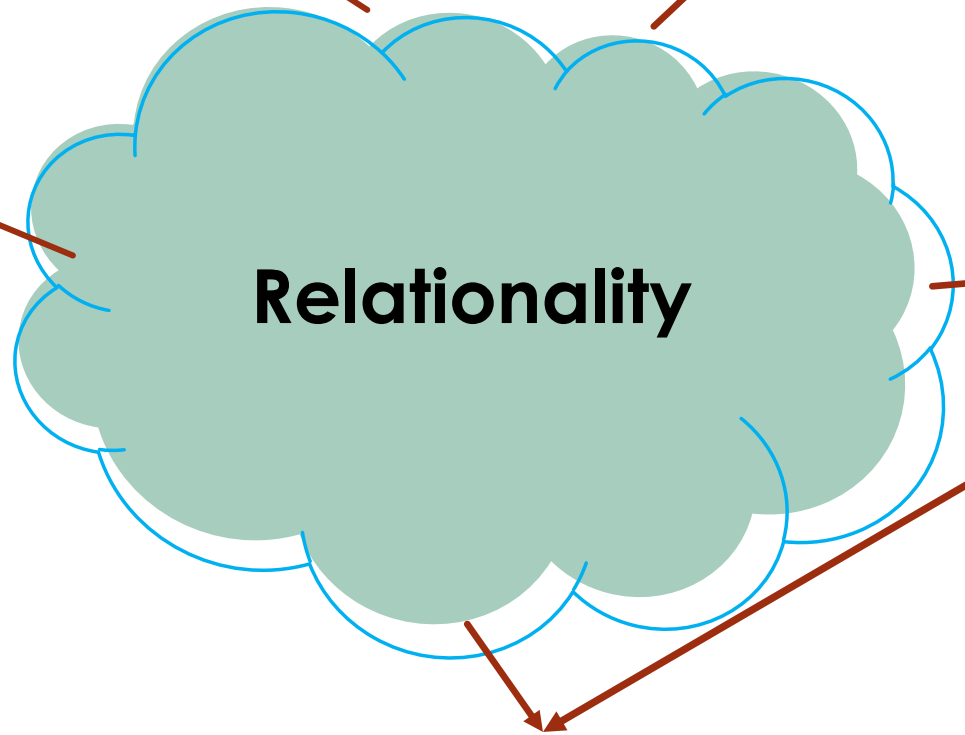
Relationship Needs

- Between Nurses/Elders
- Elders/Informal & Caregivers
- Between Nurses/Doctors
- Community/Family

Community Relationships

Communication Barriers

- Young Nurses
- Few Long Term Nurses
- Discrimination/Racism
- Familiarity: male/female roles & role in community



Disconnection / Connection

- from family/friends
- from land/community

Family

Access to Networks

- other caregivers, other families
- In the community

Community-Based/ Accessible

- A place within the community
- For support
- People there who can listen to you

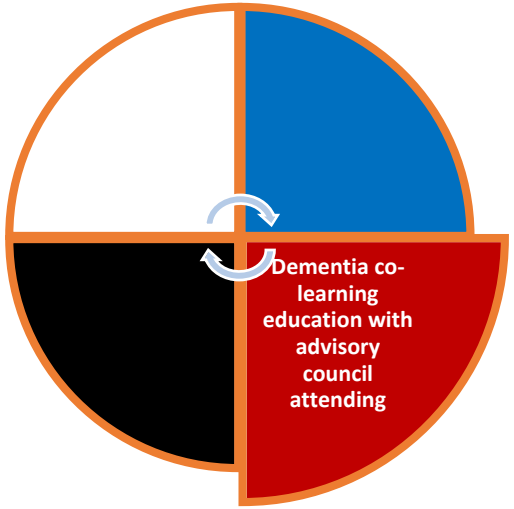
Access to Support for Caregivers

- Education
- Support
- Networking Opportunities

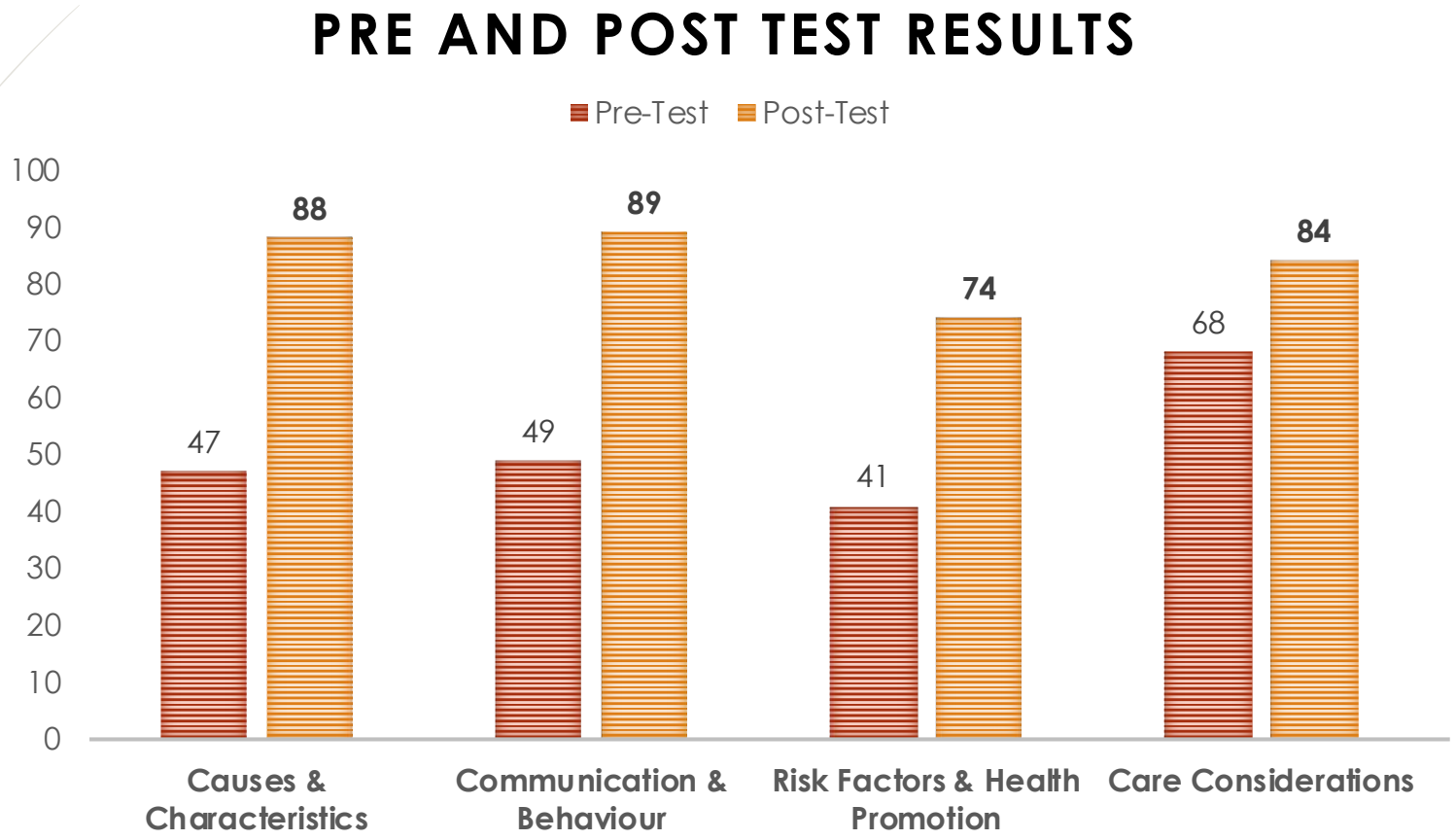
Access to Information & Creating Connections

- Newsletters
- Networks

Nurse Education Workshop



Nurse Education



Evaluation

"I really got a lot out of it and I really look forward to having the talking circles more often."

What is OCAP® ?

- Set of standards that establish how First Nations data should be collected, protected, used, or shared. They are the *de facto* standard for how to conduct research with First Nations
- Standing for ownership, control, access and possession
- OCAP® asserts that First Nations have control over data collection processes in their communities, and that they own and control how this information can be used

https://fnigc.ca/ocapr.html

CONCLUSION

Next Steps

- ***Creating a video***

"Gitxsan way of knowing about dementia"

- ***Fact Sheets:*** ***https://www.i-caare.ca/***

- ***MSFHR Report***

- ***Nurses advocating for support groups***

Indigenous Research Methodology

- Our Key Strategies:
  - Driven by community identified needs
  - Authentic intention, decolonized thinking and grounded in community, language and history
  - Engaging knowledge holders
  - Using talking circles
  - Returning the findings first to the community
  - Seeking feedback from the community about *their* findings

A Healthy, Unified Gitxsan Nation ... Walking on, in the Breath of our Grandfathers and Grandmothers

Gitxsan Health Society