

Covid-19 Resources

"The information shared regarding COVID-19 in these slides are accurate as of March 19th, 2020. Due to the rapidly evolving nature of the COVID-19 outbreak, please check BCCDC and FNHA website for the most up-to-date information possible.

PHAC resources on Coronavirus disease (COVID-19)

(Information is accurate as of March 19, 2020)

- Outbreak updates
- Preparation guides
- Awareness resources
- Guidance documents
- **Information for Indigenous communities**

<https://www.canada.ca/en/public-health/services/diseases/coronavirus-disease-covid-19.html>

Want to know more?

(Information is accurate as of March 19, 2020)

PHAC COVID-19 information for Indigenous communities

<https://www.sac-isc.gc.ca/eng/1581964230816/1581964277298>

PHAC COVID-19 information in Indigenous languages

<https://www.sac-isc.gc.ca/eng/1583781906998/1583781926813>

BC specific information on COVID-19

[http://www.bccdc.ca/health-info/diseases-conditions/coronavirus-\(novel\)](http://www.bccdc.ca/health-info/diseases-conditions/coronavirus-(novel))

VCH Regional Pandemic Response Plans

<https://sneezesdiseases.com/resource/vch-regional-pandemic-outbreak-response-plans>

PHAC fact sheets

<https://www.canada.ca/en/public-health/services/diseases/coronavirus-disease-covid-19.html>

Want to know more?

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Free toolkits for public health & emergency response

<https://www.who.int/emergencies/diseases/managing-epidemics-interactive.pdf>

<https://hsl.uw.edu/toolkits/public-health/>

Free global health courses

<https://www.fic.nih.gov/Global/Pages/training-resources.aspx>

Want to know more?

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Harm reduction during COVID-19

[http://www.bccdc.ca/resource-gallery/Documents/Educational%20Materials/Final BCCDC COVID19 HR Mar18.pdf](http://www.bccdc.ca/resource-gallery/Documents/Educational%20Materials/Final_BCCDC_COVID19_HR_Mar18.pdf)

<https://harmreduction.org/miscellaneous/covid-19-guidance-for-people-who-use-drugs-and-harm-reduction-programs/>

<https://medium.com/@danielraymond/harm-reduction-in-the-time-of-coronavirus-553e16c76623>

<https://twitter.com/CovidEquity>

<https://twitter.com/CPwud>

Want to know more?

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Caring for mental health during COVID-19

<https://www.anxietycanada.com/articles/what-to-do-if-you-are-anxious-or-worried-about-coronavirus-covid-19/>

<https://www.who.int/docs/default-source/coronaviruse/mental-health-considerations.pdf>

<https://www.weforum.org/agenda/2020/03/covid19-coronavirus-mental-health-expert-insights/>

Want to know more?

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Free short online public health courses in epidemiology and emergency response

<https://mphprogramslist.com/awesome-free-online-public-health-courses/>

<https://www.coursera.org/lecture/epidemic-pandemic-outbreak/week-1-video-1-what-are-epidemics-pandemics-outbreaks-szvxO>

<https://www.extension.harvard.edu/course-catalog/courses>