LIVE Webinar
Tuesday, May 26, 2020
10 - 11:30 AM

Dr. Myrle Ballard
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Dr. Stephane McLachlan
University of Manitoba

Dr. Ramona Neckoway
University College of the North

KITATIPITHITAMAK MITHWAYAWIN:
Indigenous-led Planning and Responses to Covid-19 and Other Pandemics

For more information & registration: irsi.ubc.ca/events
Kitatipithitamak Mithwayawin: Indigenous-Led Planning and Responses to COVID-19 and other Pandemics, Then, Now, and into the Future

- Dr. Myrle Ballard, University of Manitoba
- Dr. Stephane McLachlan, University of Manitoba
- Dr. Ramona Neckoway, University College of the North

May 26, 2020, Faculty of Medicine, UBC Learning Circle, University of British Columbia,
Goal:

• Evaluate the implications of past and existing responses to pandemics in collaboration with Indigenous communities across Canada and to address any gaps in understanding and support relating to COVID-19 and future pandemics
Objectives:

• Identify past experiences with other pandemics and to explore any differences in countermeasures and how these have evolved over time;
• To critically evaluate the current state of community emergency planning and related risk communication;
• To conduct inventories on supplies, and assess any gaps in these and related health services;
• To address any such gaps through cross-cultural workshops;
• To conduct planning workshops with each community to assess responses to a diversity of possible scenarios; and
• To conduct visioning-exercises to assess aspirations and associated responses.
OVERALL GOAL: Kitatipithitamak mithwayawin

OBJECTIVES:

O1. Past experiences to explore differences in response + what has changed over time

O2. Current state of emergency planning + preparedness as well as role of risk communication

O3. Inventories of supplies + services to assess any gaps + differences

O4. Bridge-building with communities + governments to address any deficiencies + gaps

O5. Scenario planning to assess likely impacts of diverse incidences + likely responses

O6. Visioning exercises to explore wider diversity of possible + ideal responses

CORE ACTIVITIES:

- Documentation + archiving
- Content analysis
- Interviews
- Household + online surveys
- Workshops
- Education + mentorship

- Outreach
- Knowledge exchange
- Advocacy
- Regional + national forums

KEY OUTCOMES:

- Increased community capacity re. planning + responses
- Reduced community burden
- Development of traditional + cross-cultural approaches to planning + responses
- Increased cultural fluency of outside health providers
- Increased communication with outside health providers + all levels of government
- Increased communication and networking among communities
- Increased community control over existing + future health initiatives
- Increased self-determination for communities re. health
- Increased health policy support for communities at all levels of government
- Increased community health + wellbeing
- Increased public awareness

Implications of past + current pandemic preparedness + responses for Indigenous communities into the future.
Advisory Council

- Provide overall direction and help shape the priorities of the project and give feedback on tools and reporting
- Members include
  - Community Health Directors
  - Representatives from Tribal Councils in Manitoba and NW Ontario
  - Representatives from a northern Health Authority
  - Representatives from three regional Indigenous organizations
  - Anishinaabe and Cree Elders
  - Three co-leads
  - Project Coordinator
and 2012, respectively. As of February 18 2020, 73,439 COVID-19 cases have been confirmed in 29 countries around the world with 1,875 attributed deaths (1). The WHO has now declared COVID-19 to
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COMMUNICATION
Colonialism In Canada:

• Trajectory of colonialism in Canada is long standing

• Numbered treaties (treaty right to health)

• Health care services & programming not uniform across Canada
Past, Present & Future

- Gaps
- Jurisdiction
- Responses & Contexts
- CoVid
1862 Small Pox epidemic – Haida Nation
25,000 -> 200-300 people

Photo source: Library and Archives Canada, 2020
1862 Small Pox epidemic – Haida Nation
25,000 -> 200-300 people
1910-1972 Tuberculosis, Manitoba Sanatorium, Ninette – Poor Man’s disease

Photo source: APTN, 2020
1918 Spanish Flu – Norway House – 18% population perished in 6 weeks

- The 1918 influenza pandemic was unlike any known flu epidemic
  - Three waves - spring and fall of 1918 and in the winter of 1919
  - Estimated to have killed over twenty million people worldwide
- “Spanish influenza was the rare Canadian disease that infected white people in about the same proportions as Indigenous people...it proved far deadlier for native communities without proper medical care who were already coping with tuberculosis”. Hopper (2018)
  - Remoteness – access
  - Lack of health care
2009 H1N1 Influenza – 37% of all cases in Manitoba were Indigenous First Nations in N. Manitoba hard hit – body bags sent by Health Canada

“We had asked for funding so we can get organized and to ensure medicines, hand sanitizers and other preventative kits were in place but, instead, we are shocked to receive the body bags...” Chief Jerry Knott, Wasagamack First Nation (CBC, 2009)
2019 COVID-19 – What can we learn?
First Nation COVID-19 Countermeasures

- Social Distancing
- No Outsiders Allowed!!
- Road Blocks
- Check Points
- Suspending Non-Essential Services through First Nation/Treaty Territory
- Traditional medicines
- Going back to the land
Pass System?
No Outsiders Allowed

Photo source: M. Ballard, 2020

No Indians allowed to leave

Photo source: Circles For Reconciliation, 2020
SOCIAL DISTANCING First Nations Sovereignty
Suspending Non-Essential Services through First Nation/Treaty Territory

Manitoba Hydro v. Tataskweyak Cree Nation

(Photo source: Nathan Neckoway)
“This is an extremely important measure to help reduce the spread of the COVID-19 virus to First Nations in Northern Manitoba. We currently have no cases of COVID-19 in our MKO First Nations and our leaders are doing everything within their power to prevent the introduction of this virus into our communities” (Manitoba Keewatinowi Okimakanak (MKO) Grand Chief Garrison Settee in an April 16 press release)
St. Theresa Point First Nation COVID-19 Weentamaakewin is making traditional medicines available for their members.
Proper messaging and information: Ron Harvey, Navajo Nation, Window Rock, AZ.
Share Your Story & Get Involved
What is your day-to-day reality living with COVID-19 in an Indigenous community?
Share a photo, video or story with us for the chance to win $100

This research project is shaped by 11 Indigenous partner organizations and aims to develop innovative and culturally appropriate countermeasures to COVID-19 and other pandemics to better serve Indigenous communities now and into the future.

Kahkakiw’s Complete Guide to Fighting Covid-19

https://covid19indigenous.ca
COVID-19 reported Cases

Canadian Indigenous Communities
Cases Data Explorer

As of May 24, 2020 Indigenous Services Canada announced 20 hospitalizations

The Covid-19 Case announced in Nunavut on May 1, 2020 resulted a False Positive Case
As of May 34, 2020 Indigenous Services Canada announced 20 hospitalisations.

The Covid-19 Case announced in Nunavut on May 1, 2020 resulted in a False Positive Case.

Canadian Case Data Explorer
provided by ESRI Canada

The map reports the COVID-19 Case Counts by Province and (where reported) by the respective Provincial Health Regions. Other demographic data reflect the 2019 Population Estimates provided by Environics Analytics.

Please note that Case locations are an approximation and thus, may contain errors.
KahKaKiw’s Straight Talk(s)

- Collaborative Approach:
  - Cree Puppeteer
  - Knowledge Keepers
- Importance of Language
- Create cultural/linguistic space
Latest Episodes

EPISODE 4
Kahkakiw Straight Talk: Kids and Coronavirus
Kahkakiw is wondering where everyone went, and especially all the kids! A search in a parking lot and online is where he found them. Kahkakiw shows them that he cares and offers words of...
3 weeks ago • 7.1K Views

EPISODE 3
Kahkakiw is on CBC Winnipeg
Kahkakiw got the attention of the CBC News Winnipeg! This piece explores why it is important to send culturally appropriate announcements during a pandemic. Phyllis Hart helped to translate t...
6 weeks ago • 2.8K Views

EPISODE 2
Kahkakiw's Straight Talk on Social Distancing
With Easter celebrations quickly approaching, the safest way to celebrate with family is by video chat, call or text. Kahkakiw reminds us to look out for one another. Even if you feel good and healthy, you...
6 weeks ago • 5.8K Views

EPISODE 1
Kahkakiw's Straight Talk on Coronavirus
Kahkakiw delivers a Cree-language public service announcement to keep yourself and others safe in the time of coronavirus. Please share with your relations and remind them, "when you hear the raven's call,...
6 weeks ago • 10.8K Views
• [https://youtu.be/C_cWb-2wjnw?list=PLSYKPIQ99cUwf4rClmoCFfKNRknme1bc](https://youtu.be/C_cWb-2wjnw?list=PLSYKPIQ99cUwf4rClmoCFfKNRknme1bc)

• [https://www.facebook.com/covid19indigenous/](https://www.facebook.com/covid19indigenous/)
  • Episode 1: Kahkakiw’s Straight Talk on Coronavirus
  • Episode 2: Kahkakiw’s Straight Talk on Social Distancing
  • Episode 3: Kahkakiw is on CBC Winnipeg
  • Episode 4: Kahkakiw’s Straight Talk: Kids and Coronavirus
TIPS FOR SPEEDING UP YOUR INTERNET

1. FORCE YOUR PHONE TO USE LESS DATA
SEARCH: "HOW TO MAKE MY PHONE USE LESS DATA."
You don’t want a message to pop up to let you know that you’re using 1GB of data. Some apps use large amounts of data, but they often come with data-saving features, and some even have offline modes. Go into settings for each of your apps to see if you can lower your data usage.

2. FORCE YOUR APPS TO USE LESS DATA
SEARCH: "HOW TO LIMIT (INSERT SPECIFIC APP) FROM USING TOO MUCH DATA."
Some apps use large amounts of data, but they often come with data-saving features, and some even have offline modes. Go into settings for each of your apps to see if you can lower your data usage.

3. USE SPECIALTY LITE APPS OR VISIT SITES ON YOUR WEB BROWSER
SEARCH: "TEST LITE APPS FOR DATA SAVING."
Replace your apps with the lite versions, or visit their sites within your browser. For example, you can visit https://m.facebook.com for a bare-bones version of Facebook, or you can download Facebook Lite from the app store. You can download and try out different web browsers too, like Opera Mini or Puffin Browser Pro.

4. SWITCH BACK TO DIAL-UP INTERNET
If your high priced internet plan isn’t delivering what you’re paying for, perhaps consider that ancient technology. Dial-up Internet still provides consistent download speeds of 512 mb or less for unlimited plans. You will still need a physical phone line.

5. SAVE BIG DOWNLOADS FOR 4 AM.
When most people are using the communications lines are fast enough to stream normally, try downloading large videos and photos when the Internet is not being used by everyone.

HOW TO USE ZOOM

Zoom is a free and easy to use video conferencing service, perfect for at home meetings

JOINING A MEETING
If you have been invited to a meeting, click the invitation link that was provided to you by the host. Check your email or text messages for the link.

To launch the meeting invitation, you will need to download the app on your phone or computer. But do not need to create an account.

The download will begin once you click on the link the host sent you. Simply follow the prompts to continue to the meeting.

Launching A Meeting
To Launch a new meeting, log into your account and click the “New Meeting” icon. You will receive a personal meeting URL, which can be copied and shared, which you can use to invite others with.

Scheduling A Meeting
To schedule a meeting for a future time, log into your account and select the Schedule icon. Follow the prompts to schedule the meeting. Be sure to share the meeting URL by selecting “Copy Invitation” and pasting it into an email or desktop. On mobile, select “Share Invitation”. And follow the prompts to host or email the invitation to your desired participants.

Downloading Zoom
If it’s your first time using Zoom, you will need to download the app. If you’ve been invited to a meeting, click the meeting URL and follow the prompts. Otherwise, you must download the app to create your own meeting.

On your computer, head to the sign up page at https://zoom.us/signup and create an account using your email or an existing Facebook or Google account. Verify the email and log in to your account. You will be prompted to download the Zoom desktop app. Follow the prompts to download the application.

On your phone, simply head to the App Store or Google Play store to download the app, and create a free account.
THIS IS SABE

SABE IS A SOLITARY CREATURE

SABE HIDES IN THE BUSH FAR AWAY FROM OTHERS

SABE ONLY COMES OUT WHEN HE NEEDS SOMETHING

BE LIKE SABE AND PRACTICE SELF ISOLATION WHEN POSSIBLE

STAY HOME, SAVE LIVES. CALL YOUR FRIENDS AND FAMILY, AND REMAIN A SOCIAL DISTANCE OF 6FT APART FROM THOSE YOU DON'T LIVE WITH

COVID INDIGENOUS

COVID19 INDIGENOUS

COVID19INDIGENOUS.CA
(SOMETIMES)

CARING IS NOT SHARING

PASSING AND SHARING YOUR SMOKES, BEVERAGES AND FOOD SPREADS GERMS. PROTECT YOURSELF AND THOSE AROUND YOU, PREVENT THE SPREAD OF GERMS AND THE VIRUS BY STAYING HEALTHY. 

CARE! DON'T SHARE!
WE WANT TO HEAR FROM YOU

SHARE YOUR STORY FOR THE CHANCE TO WIN $100

COVID19INDIGENOUS.CA/GET-INVOLVED/
A WEBINAR PRESENTED BY:
WA NI SKA TAN: AN ALLIANCE OF HYDRO IMPACTED COMMUNITIES
KITATIPITHTAMAK MITHWAYAW: INDIGENOUS LED COUNTERMEASURES TO CORONAVIRUS

A CONVERSATION ON LAND BASED EDUCATION

MAY 14
4-5:30PM CST

FEATURING:

DR. ALEX WILSON - REVITALIZING LAND BASED EDUCATION THROUGH CREE CULTURE
NICKI FERLAND - GRADUATE STUDENT INDIGENOUS LAND BASED EDUCATION UOFS
TAYLOR GALVIN & DYLAN KENSICK - LAND BASED EDUCATION CAMP COORDINATORS W/ WA NI SKA TAN
Covid-19 Indigenous was live.
May 14 at 4:03 PM • 🌍

Join us for our Conversation on Land Based Education!
A WEBINAR PRESENTED BY:
WANISKATAN: AN ALLIANCE OF HYDRO IMPACTED COMMUNITIES
KITATI KháchAMAK MITHWAYAW: INDIGENOUS LED COUNTERMEASURES TO CORONAVIRUS

A CONVERSATION ON INDIGENOUS FOOD SOVEREIGNTY

MAY 28
4-5:30PM CST

FEATURING:
DAWN MORRISON - DIRECTOR OF THE WORKING GROUP ON INDIGENOUS FOOD SOVEREIGNTY
DR. ASFIA KAMAL - POST DOCTORAL FELLOW AT THE ABORIGINAL RESEARCH CENTER, UNIVERSITY OF SASKATCHEWAN
DR. PRISCILLA SETTEE - DIRECTOR OF THE INDIGENOUS PEOPLE'S PROGRAM AT THE UNIVERSITY OF SASKATCHEWAN
TABITHA MARTENS - SWAMPY CREEDUCATOR, WRITER, AND PHD CANDIDATE
Noongom means Today in Anishinaabemowin. We discuss today's events and the environmental impacts caused by Covid-19.
UNDERSTANDING

COMMUNICATION

DOCUMENTATION (Past)

COMMUNITY

DOCUMENTATION (Present)

REGION

NATIONAL

INTERNATIONAL

RECONCILIATION

JUSTICE

TRUTH
Miigwetch!
Ekosi!
Thank you!
References


• Hopper, Tristin (2020). 'A frightful plague rampant all over the world': The forgotten horrors of the Spanish influenza. The National.

Thank you

THE UNIVERSITY OF BRITISH COLUMBIA

Indigenous Research Support Initiative
VP Research & Innovation

For more information please visit: irsi.ubc.ca
Upcoming Webinars in this Series

June 4 | 10 - 11:30 AM

Covering COVID: Pandemic Reporting in Indigenous Contexts

Journalists Angela Sterritt & Stephanie Kwetásel’wet Wood

For more information & registration: irsi.ubc.ca/events