

# Indigenous Cultural Safety in the Emergency Department

*Learning Circle*  
*March 4<sup>th</sup>, 2021*

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# Case Study

45 year old male, car rear-ended, brought to ED by ambulance, in C collar

- Cc: Neck pain, mild chest pain + left shoulder pain
- PHx: Dyslipidemia
- O/E:
  - Oriented x 3, normal vital signs
  - midline neck tenderness + tender with neck rotation to 45 degrees
  - Left shoulder tender at acromion, deltoid, and head of humerus
  - Able to lift left arm by self with pain to 90 degree
  - Mild chest wall tenderness at sternum, able to breathe, no step deformity
  - ECG normal

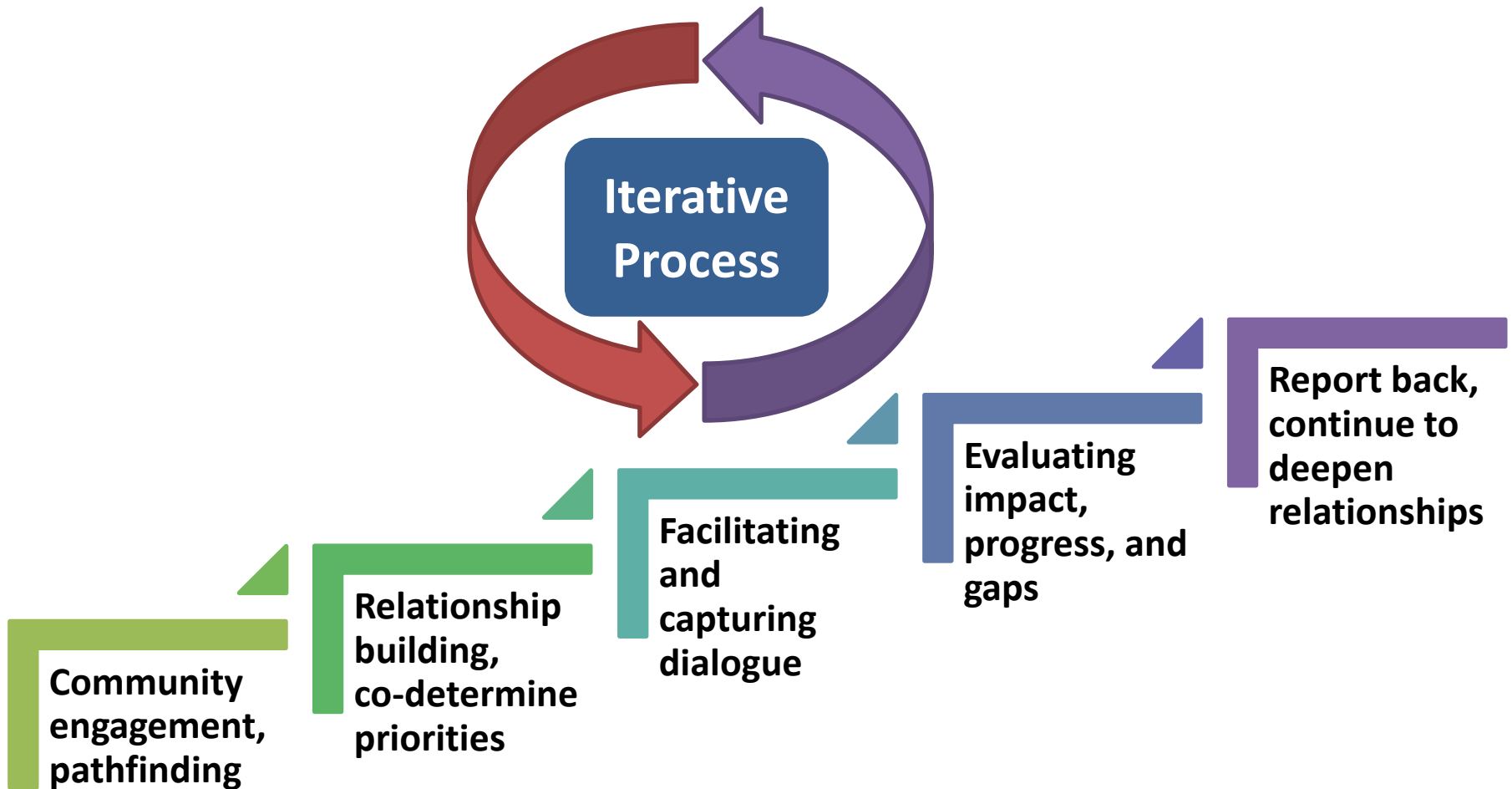


# The interCultural Online Health Network (iCON)

- Engaging communities across BC to improve chronic disease management and increase culturally safe, patient-centered care
- Chinese, South Asian communities engagement started 2007
- Indigenous communities engagement work started in 2010
  - Integrate traditional practices into western care settings
  - <http://iconproject.org/>



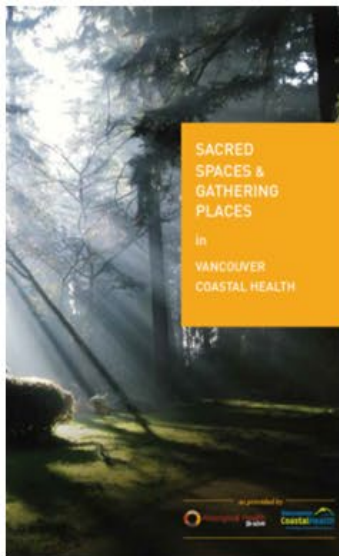
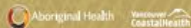
# Approach



# Online Supports and Resources

## ABORIGINAL HEALTH

2017/18  
YEAR IN REVIEW



## ABORIGINAL HEALTH LIBRARY & RESOURCE CENTER

Books and resources to help support your ICS learning journey



aboriginalhealthVCH



@VCHAH2015

## Aboriginal Cultural Practices

A GUIDE FOR PHYSICIANS AND ALLIED HEALTH CARE PROFESSIONALS  
Working at Vancouver Coastal Health



#6 January 2015

### PULLING TOGETHER

(update on work promoting cultural safety)



Improving Indigenous health through design

community specific. These principles are a starting point, implementing indigenous design principles will require engagement with Elders, Nations and traditional knowledge keepers.

These principles would also be used to evaluate responses to Request for Proposals when developing or improving health care facilities. These principles will apply to all of Vancouver Coastal Health facilities, including renewals and new builds.

The overall goal of creating welcoming spaces is to:

- strengthen the First Nations and Aboriginal patients' experiences as partners in their own care by creating a welcoming appropriate environment (facility) through covered change at VCH facilities;
- strengthen the First Nations and Aboriginal patients' experience of cultural safety when accessing health care from VCH facilities and services;
- strengthen First Nations and Aboriginal patients' level of satisfaction with the promotion of cultural displays, artwork, and resources at VCH.



[my.vch.ca/find-a-department-or-project/indigenous-cultural-safety](http://my.vch.ca/find-a-department-or-project/indigenous-cultural-safety)

# Thank you!

- Ministry of Health Patients and Partners
- VCH Aboriginal Health: Leslie Bonshor
- First Nations Health Authority: Dr. Aldred
- VCH leadership: Dr. Barrios, Dr. Norbury, Dr. Slater
- Lower Mainland Emergency Dept: Dr. Grafstein, Dr. Kella
- Vancouver Physicians Staff Association
  
- Questions, feedback: [Kendall.ho@ubc.ca](mailto:Kendall.ho@ubc.ca)

Next VCH  
Indigenous Round:  
**March 24,**  
**Wednesday 2021,**  
**12:00 noon**  
<http://iconproject.org>

