

Cultural Safety in Acute Care Settings

Featuring guest speakers:

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MARCH 4TH, 2021

10AM - 11:30AM



a place of mind
THE UNIVERSITY OF BRITISH COLUMBIA

Centre for Excellence in
Indigenous Health



UBC
Learning
Circle



Introduction:



UBC Indigenous Family Medicine Program



Carrier Sekani Family Services



The Ethical Space of Engagement:

Ermine, W. (2007)

- R - Respect
- R - Reciprocity
- R – Relationship
- [R – Reconciliation]
- [R – Responsibility]
- A – Aboriginality
- B – Barriers
- C – Colonization



Barriers

- Social Determinants of Health
 - Poverty and its impact on health
 - Homelessness / unstable housing
 - Food insecurity and decreased access to safe drinking water
- Intergenerational Trauma and High ACEs
- Systemic Racism:
 - Gaps in research
 - Challenges with access
 - Culturally unsafe care
- Implicit Bias
 - Medical Decision Making
 - Communication



Racists Anonymous

For the purpose of Racists Anonymous, let us all consider owning our behavior as “racist” whenever we react to another based solely upon race or some other external factor. That means if I see a group of African American or Latin American kids walking down the street, and I automatically lock my doors ... That means if my blind date shows up, is White, and I refuse to answer ... That means that if an Arabic person gets on a plane and I automatically think terrorist ... Well, considering my honest answers to these sorts of questions, “Hi, my name is (insert your name here when reading this,) and I’m a racist.”

Let’s end racism in ourselves first and then let’s see what happens!



Reflective Practice

“Reflective practice is a process by which you: stop and think about your practice, consciously analyze your decision making and draw on theory and relate it to what you do in practice.”

Chartered Society of PT



Overview: FNHA Virtual Health Services



First Nations Health Authority
Health through wellness

1. First Nations Virtual Doctor of the Day (FNVDOD)

- Primary Care Service: Family Practice General Practitioners (GPs)
- Self-referral by client
- 7 days/wk, 8:30-16:30
- Zoom or Phone
- Launched in April 2020
- **1-855-344-3800**

2. *New* First Nations Virtual Substance Use and Psychiatry Service (FNVSUPS)

- Specialty Service: Physician Specialists in Addictions Medicine and Psychiatry
- Referral from Health and Wellness Provider
- 5 days/wk (Mon-Fri)
 - Psychiatry: 10:00-15:00
 - Substance Use: 09:30-17:30
- Zoom (strongly preferred) or phone
- Launched in August 2020
- **1-833-456-7655**

Both services are available to all First Nations people and their families living in BC

