



Gathering Our Medicine: Community Perspectives

WITH DENISE FINDLAY,
MARLA KLYNE KOLOMAYA AND
ANGIE BRINONI, WILLIAM MANSELL
FROM NENQAYNI WELLNESS CENTER

February 9th, 2021 at 10am



Practices & Roles

Mental health practices are generally skill based, intended for trained experts, and may or may not be specific to the culture of the client

- Sand Tray
- DBT
- FFT
- Play Therapy
- M.D
- Psy.D.
- Art Therapy
- Ph.D.
- Counselor
- Clinical Mental Health Counseling
- Story Boarding
- Narrative therapy
- No- violent communication
- Object relations
- Parent child interaction
- Poetry therapy
- Positive psychology
- Process orientated psychology
- Sex therapy
- Somatic
- Adlerian Therapy
- Adventure Therapy
- Analytical psychology
- Animal assisted therapy
- Attack therapy
- Attached based psychotherapy
- Aversion therapy
- Behaviour modification
- Biofeedback
- Client centered
- Co-counselling
- Contemplative psychotherapy
- Cultural family therapy
- Dance therapy
- Drama therapy
- Dyadic developmental psychotherapy
- Depth psychology
- Ecological counselling
- Transpersonal
- Wilderness
- EMDR
- Existential therapy
- EFT
- Family Constellations
- Future Oriented therapy
- Gestalt Therapy
- Grief Counselling
- Holding therapy
- Humanistic psychology
- Hypnotherapy
- Internal Family Systems
- Journal therapy
- Logic based therapy
- Marriage counselling
- Mindfulness based stress reduction
- Metacognitive therapy
- Music therapy

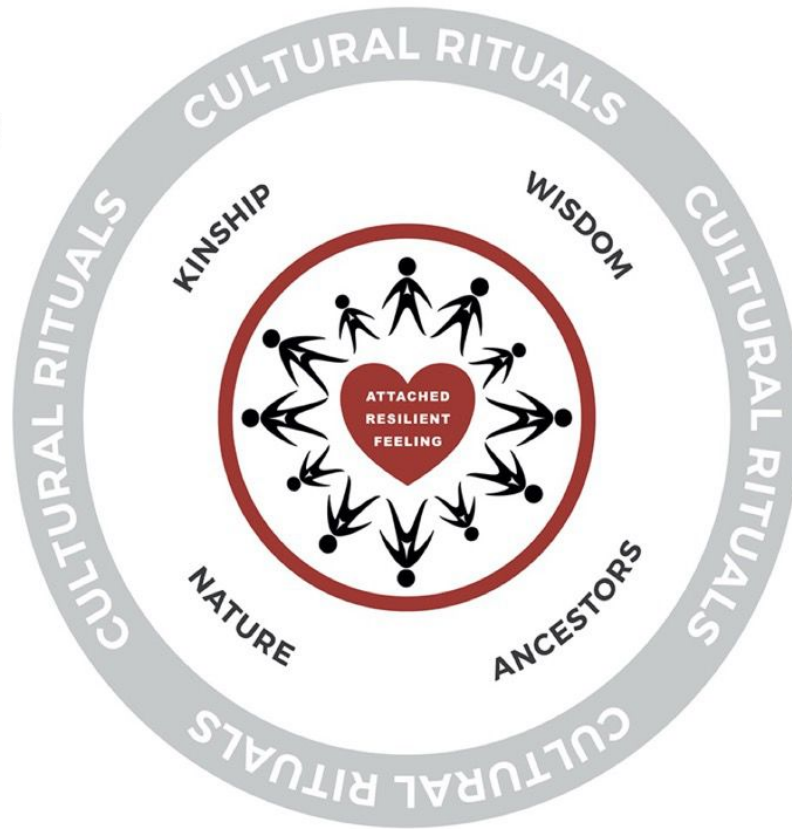


Relationships

Community

Land

Family



Traditional healing practices are distinct and culturally specific to the people who are practicing them and look to the family, community and ecology as being most naturally equipped to provide care in the context of relationship.

GATHERING OUR MEDICINE





Gathering Our Medicine

Nenqayni Wellness Center Pilot Program









