



Knucwectsut.s (Help yourself)

WITH WENECWTSIN (WAYNE) CHRISTIAN

March 5th, 2024 | 10am - 11:30 am PST

Free online webinar via Zoom

Register at: www.learningcircle.ubc.ca



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First Nations Health Authority
Health through wellness



THE UNIVERSITY
OF BRITISH COLUMBIA
Centre for Excellence in
Indigenous Health





Secwepemc Creation Story

- 7 Sacred Laws
- Health
- Happiness
- Generation
- Generosity
- Compassion (Pity)
- Power
- Quietness

Who we are

- We are Secwepemc; who have our own language, culture, traditions and laws over all our traditional lands of 180,000 sq. km, 17 Indian Act Bands - 32 communities, a population of 15,000 Secwepemc in our Nation
- We have total jurisdiction & title and rights to all our people, lands and resources; we have not surrendered, ceded or released them to the government;
- We demand recognition of our laws our jurisdiction & co-existence not extinguishment and application of Provincial laws to our lands, waters; animals, plants and Children and families

- Some of our Chiefs said, "These people wish to be partners with us in our country. We must, therefore, be the same as brothers to them and live as one family. We will share equally in everything-half and half-in land, water and timber, and so on. What is ours will be theirs and what is theirs will be ours. We will help each other to be great and good."
- "They treat us as subjects without any agreement to that effect, and force their laws on us without our consent and irrespective of whether they are good for us or not. They say they have authority over us. They laugh at our chiefs and brush them aside. Minor affairs amongst ourselves, which do not affect them in the least, and which we can easily settle better than they can, they drag into their courts. They enforce their own laws one way for the rich white man, one way for the poor white, and yet another for the Indian."

Memorial to Sir Wilfred Laurier 1910 Sir Wilfred Laurier August 25th 1910

WHO PROTECTS THE CHILDREN from Canada's legislative genocide? Indian Act 1876



Indian Child Caravan 1980 – 60's Scoop BC's Legislative Genocide Section 88 of Indian Act 1951



“The harm that the residential schools did to children and families resonated through the generations. At the schools’ peak in 1953 they held 11,090 students. Today there are up to 31,200 native children in care, or up to 40% of all those in care, though native children are just 6% of all children. What will be the effects of condemning so many to a parentless childhood, 20 years from now?”

(The Globe and Mail, December 11th 2010)

- The first Constitution Express left Vancouver on November 24, 1980. Two trains taking separate routes and picking up people along the way merged in Winnipeg and continued on to Ottawa, arriving on November 28. An All Chiefs Conference, workshops, and demonstrations took place until December 5.
- On December 6, the Constitution Express - 50 Chiefs and representatives continued on to New York to raise awareness and to ask officials of the United Nations to intervene as a mediator between the Indian Governments of Canada and the Canadian and British Governments. The lobby consisted of a statement of goal in a form of petition stating that a positive approach is in order, one that would elevate constitutional patriation and amendments to exercising statesmanship and true Nation building.
- The following fall, a second Constitution Express delegation left on November 1, 1981 for Europe. The trip included stops in Germany, Netherlands, France, Belgium, Scandinavia and the UK. The British Parliament was petitioned to refuse to patriate the Canadian constitution until it could be done without prejudice to Aboriginal people.

June 11th 2008 Prime Minister's Harper Apology

To the approximately 80,000 living former students, and all family members and communities, the government of Canada now recognizes that it was wrong to forcibly remove children from their homes and we apologize for having done this.

We now recognize that it was wrong to separate children from rich and vibrant cultures and traditions, that it created a void in many lives and communities, and we apologize for having done this.

We now recognize that, in separating children from their families, we undermined the ability of many to adequately parent their own children and sowed the seeds for generations to follow, and we apologize for having done this.

Era of Reconciliation?

- Tsilhqot'in SCC decision June 26 2014
- Truth and Reconciliation 94 Calls to Action 2015
- The first 5 deal with Children – dealing with the Legacy of residential school
- United Nations Declaration on the Rights of Indigenous Peoples Act 2018 - An Act to ensure that the laws of Canada are in harmony with the United Nations Declaration on the Rights of Indigenous Peoples

Nation-to-Nation Relationship Dec 8th 2015



“It is time for a renewed, nation-to-nation relationship with Indigenous Peoples, based on recognition of rights, respect, co-operation, and partnership.”

- PM Justin Trudeau



Voices of the Secwepemc 5 priorities identified during engagement 2016 Rebuilding our Nation

- Language - Yiri re Stsqeys-kucw
- Laws – Stseptekwll - anchored in our oral history
- Lands and resources – Stsillen (food) Melamen (Medicine) c7istkten (Shelter) Sewllkwe (Water) Sqlew (Economy)
- Governance Kwsaltktan – Our Relatives
- Healing Knucwentwecw Helping each other

Rebuilding our people - Communities & Nation

- Traditional healing approaches
- The role of culture and traditions
- The role of the family and community
- The role of spirituality
- The fusion of western and traditional approaches to healing

Petinesa n Xatáqs: Thinking for the Future

1. Lexle'x (Develop
Wisdom) Build a
cognitive life raft -
Mental
understanding

2. Feel -
acknowledge -
let go - (Feeling)

3. Knucwetsut.s
(Help yourself)
Empowerment
Warrior not
Survivor

4.
Knucwectwecw
(Help Each
other) Being
Human



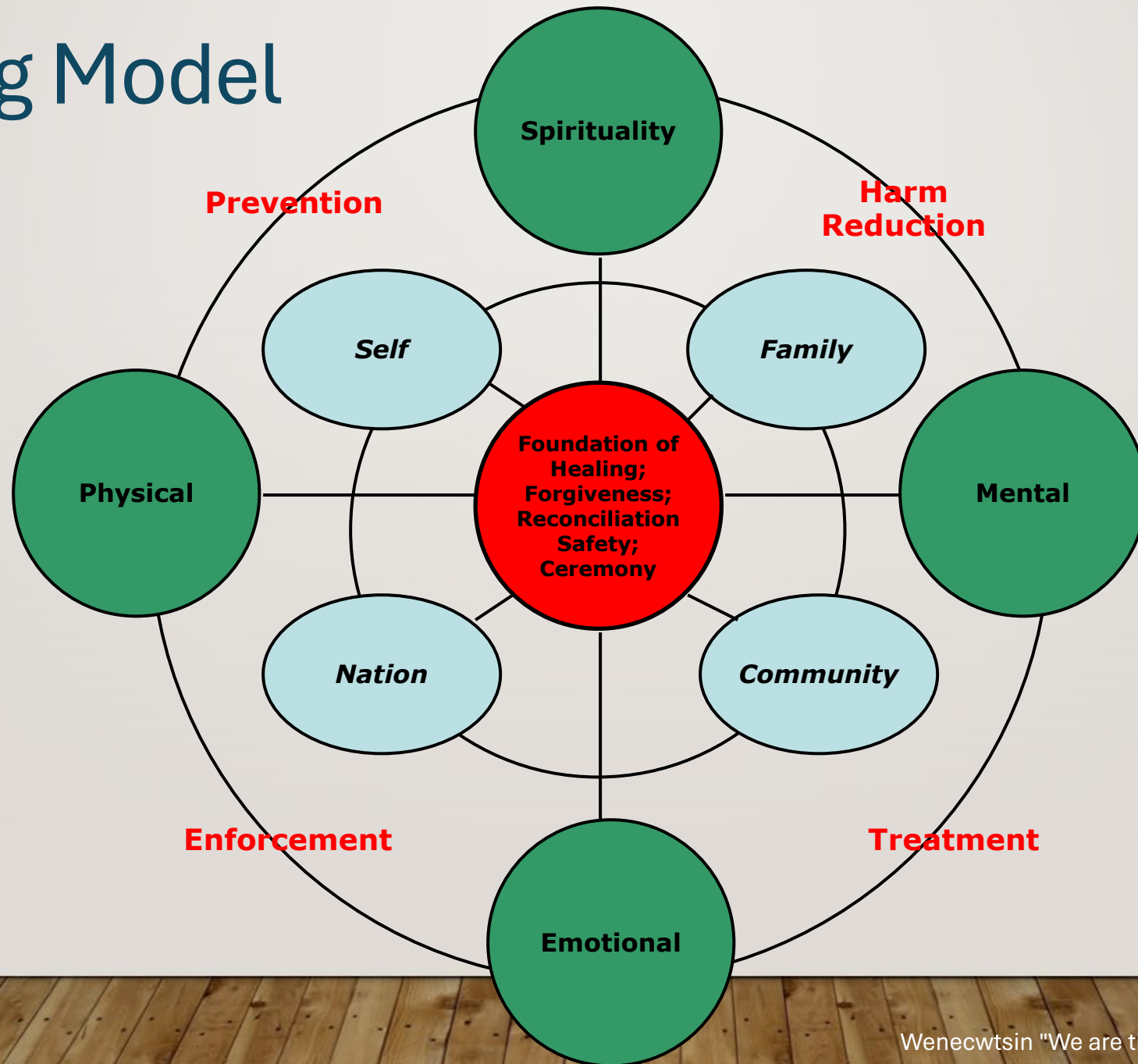
Podcast Episode

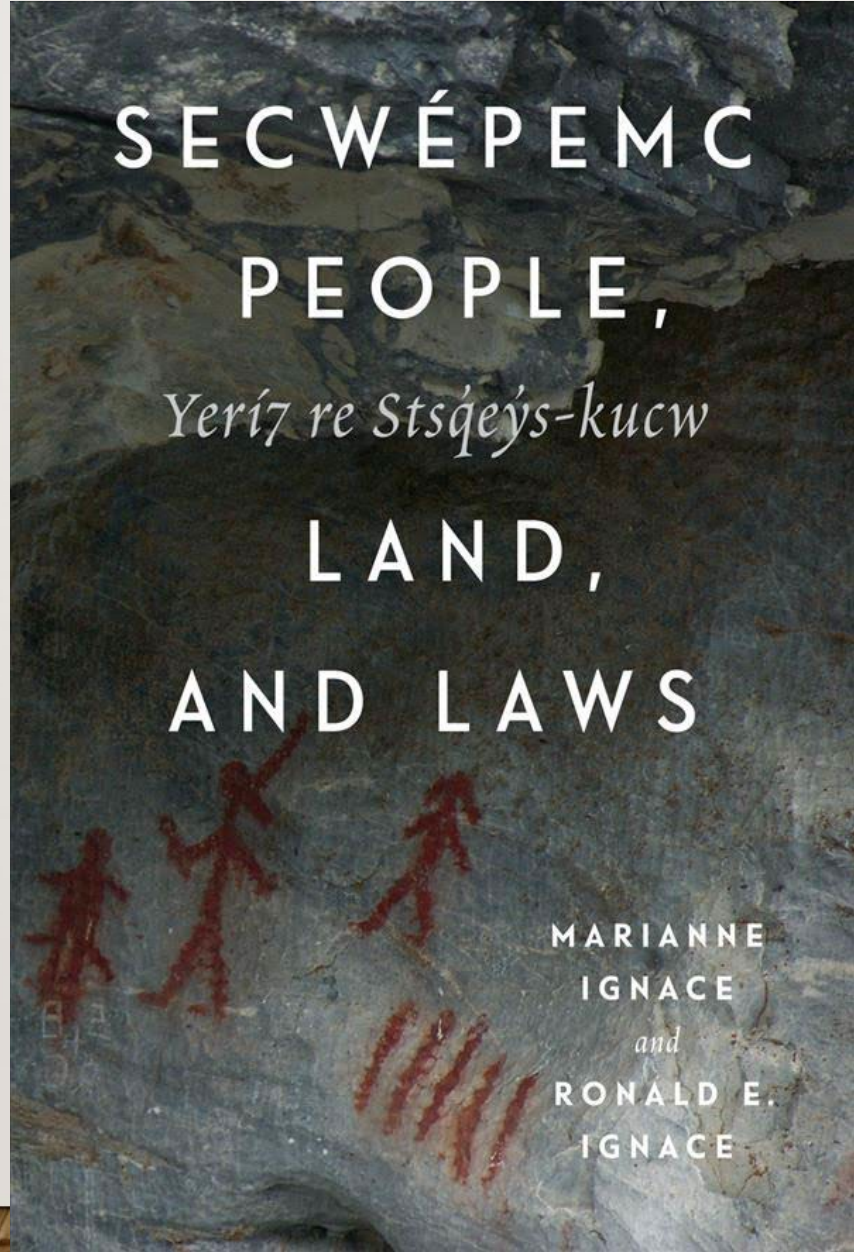
Episode 2/6: Building a Cognitive Life Raft

Coming Home: In Conversation with Kukpi7 Wayne Christian

- <https://open.spotify.com/episode/0HM57DPY16dyL2iFT1hnYA?si=WomlXh5gSLWmiOm4RUSLIw&context=spotify%3Ashow%3A6cVJflcCbREpZql9x0IBYk>

Healing Model





EVERY CHILD MATTERS

