

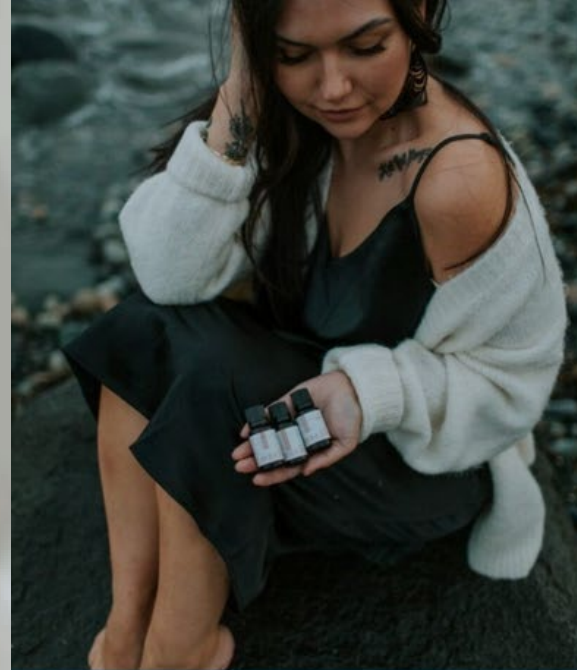
Opening the Knowledge Gates:
RavenSong

FEATURING: ALISSA ASSU

April 23rd, 2024 | 10am - 11:30 am PST
Free online webinar via Zoom

Register free online at:
www.learningcircle.ubc.ca







ABOUT *us*

The Bear Essential Oils Story

Welcome! Danowh' yeh!
(Come in, everyone!)

Bear Essential Oils is an Indigenous wellness brand that honors cultural knowledge, community spirit and self care. We pride ourselves on offering 100% pure, organic, ethically sourced and wildcrafted essential oils.

BEAR ESSENTIAL OILS
RAVENSONG SOAP + CANDLE



At Bear Essential Oils, we are proud to introduce our sister company, RavenSong Soap & Candle, where scents and stories create an experience of organic, affordable luxury.

Our commitment to crafting artisan Indigenous products is woven into every single product. Capturing the essence of tradition and nature's plant medicine. Through RavenSong, we bring our ancestral narratives to life, infusing each product with the wisdom of generations past.

Our simple yet ceremonial approach ensures that every scent and story resonates with the spirit of affordable luxury, inviting you to embrace the beauty of Indigenous heritage in your daily rituals.

Ali + Cody
ASSU

SHOP NOW



WELLNESS AND SELF-CARE ROOTED IN TRADITION

Indigenous
KNOWLEDGE



LAND ACKNOWLEDGEMENT



Bear Essential Oils acknowledges that it is located on the unceded traditional territory of the Ligwít̓a'xw people; the We Wai Kai, Wei Wai Kum, and Kwiakah First Nations, whose historical relationships with the land continue to this day.

INDIGENOUS OWNED

Organic. Ethical. Wildcrafted

Haida | Kwakwaka'wakw | Wet'suwet'en



BC ESSENTIAL OILS

GRAND FIR

A fresh, woody and revitalizing aroma that refreshes your perspective—just like time spent among the trees. If you close your eyes and take a deep breath, you can almost hear branches swaying in the wind.



BC ESSENTIAL OILS

CEDAR WESTERN RED

An earthy, comforting and woody aroma to cuddle up and wind down with. This wildcrafted oil will be as integral to your R&R routine as it is to Northwest Coast Indigenous Peoples' ways of life: from weaving baskets and regalia, to building big houses and family heirlooms. Need sacred in a snap? Western Red Cedar oil.



BC ESSENTIAL OILS

LAVENDER ESSENTIAL OIL

A sweet, floral and herbaceous aroma that inspires peace and presence. At the end of a long day, re-center yourself with this meditation in a bottle.




EXPLORE OUR ESSENTIAL OILS

Rose + Chamomile Balancing Serum

WADi is a
Wet'suwet'en
translates to
Indigenous people in
the bush.

Let your inner child
explore. Reach for
WADi when you are
ready to recover.

 BEAR

SLOW LIVING WELLNESS AND SELF-CARE

Practice
THE CALM

CITRUS

ORGANIC ESSENTIAL OILS

Bergamot

Orange

Lemon

Lime

Mandarin

Neroli

Grapefruit

Sweet Orange

Tangerine



FLORAL

ORGANIC ESSENTIAL OILS

Clary Sage

Geranium

Helichrysum italicum

Lavender

Neroli

Roman Chamomile

Rose

Ylang Ylang



HERBAL

ORGANIC ESSENTIAL OILS

Basil

Cilantro

Lemongrass,

Oregano

Patchouli

Peppermint

Rosemary

Spearmint,

Thyme



SPICY

ORGANIC ESSENTIAL OILS

Basil
Bay
Cardamom
Cinnamon
Coriander
Ginger
Holy Basil
Lime
Vetiver



WOODY

ORGANIC ESSENTIAL OILS

Cedarwood Atlas

Cinnamon

Clove

Coriander

Cypress

Eucalyptus

Frankincense

Ho Wood

Pine





Indigenous Ceremony Collection

BEAR BATH + BODY OILS

The Ceremony Collection
is made of pure, organic and sustainably
harvested essential oils.



WARMING CARDAMON + CYPRESS

Yintah (Warming) is the Wet'suwet'en word for territory or land. Since time immemorial, Indigenous Peoples have held reciprocal relationships with the land. Stewardship of our territories is our inherent right because of generations of upheld responsibilities to it. Let this warm, stimulating blend awaken your senses—just like time spent on the land.

The Ceremony Collection is made of pure, organic and sustainably harvested essential oils.
(Nothing but the best for Yintah.)



GROUNDING CEDARWOOD + BIRCH

K'iy (Grounding) is the Wet'suwet'en word for birch. Trees are our oldest relatives; their roots reach deep into our histories and their branches reach far up and out with possibility and potential. This strong, grounded blend is inspired by our mentors, whose teachings and guidance empower us to grow.

The Ceremony Collection is made of pure, organic and sustainably harvested essential oils.



C O O L I N G

C'ikwah (Cooling) is the Wet'suwet'en word for river.

Water is life; it is a vital resource for the health and prosperity of all human, plant and animal relatives. The traditional territories of Wet'suwet'en are surrounded by a vast and bountiful river valley, which our ancestors knew as "Widzin Kwah." This lively, balancing blend is inspired by Widzin Kwah, and our son, Ember C'ikwah—the joy and bedrock of our lives.

The Ceremony Collection is made of pure, organic and sustainably harvested essential oils.



UPLIFTING

Niwis (Uplifting) is the Wet'suwet'en word for soapberries; named for the power that joyful memories have to uplift our spirits and reconnect us with our purpose. It's a near-universal Northwest Coast rez-kid experience to go berry-picking with your family's matriarchs. The cheerful, bright aromas of neroli and lemon bring us back to that happy place: nestled in the wildflowers, picking niwis with Skokumhalyte (my grandmother).

The Ceremony Collection is made of pure, organic and sustainably harvested essential oils.

INDIGENOUS

HERBAL ARTISAN COLLECTION

Seaweed Spa Bar

Seaweed has been consumed by Indigenous people for centuries and is prized for its nutritional benefits. More recently, this wild harvest has gained in popularity for skin care due to the richness of collagen, amino acids, vitamins and detoxifying properties. This traditional inspired bar has been infused with seaweed, while buffalo milk moisturizes. Pure Essential Oils of Rosemary, Lavender and Peppermint have been added for a grounding yet fresh experience.



INDIGENOUS

HERBAL ARTISAN COLLECTION

Marshmallow + Honey

Marshmallow Root has been used for centuries for healing and soothing irritated skin. Although this beautiful, gentle bar has many healing properties it is also gentle enough to use everyday on all skin types. Marshmallow root has been infused in a tea and incorporated with honey and our triple milk blend to moisturize and heal. Bentonite clay purifies and adds rich creamy lather. Your skin will love our custom essential oil blend of Rose Geranium, Ylang Ylang and Cedarwood.



INDIGENOUS

HERBAL ARTISAN COLLECTION

Sacred Devil's Club

There are many Haida stories regarding Devils Club which is highly respected for its medicinal & spiritual power. This beautiful bar has been blended with steeped devil's club root and infused devil's club oil – both believed to relieve pain, soothe inflammation & treat infections. Sacred oils of Cedarwood, Sage, Birch + Palo Santo have been added for their purifying and cleansing properties.



INDIGENOUS

HERBAL ARTISAN COLLECTION

Dandelion & Clay

Dandelion has been honored by First Nations for the natural, medicinal properties it contains. This ancient plant helps regenerate skin cells, contains antioxidants and offers essential vitamins for skin health. Our dandelion soap is infused with handpicked dandelions to extract the healing/soothing benefits and contains essential oils of birch, rosemary + spearmint. Buffalo milk has been added for rich, nourishing lather.



INDIGENOUS

HERBAL ARTISAN COLLECTION

Purifying Nettle

Purifying Nettle Spa Bar is a healing bar that helps to relieve skin irritation. Our nettle spa bar contains organic dried nettle that we infuse in oil. This soothing bar contains a healing essential oil blend. A gentle bar that is beneficial for ever day use and all skin types.





INTERNATIONAL
AWARD WINNING
COLLECTION



OUR NEXT STORY: FOUNDER STORY



April 25th, 2024 –
Knowledge Transfer and
Mentorship with Valerie
Lamirane

Upcoming UBC Learning Circles:



Knowledge Transfer and Mentorship
FEATURING: VALERIE LAMIRANDE

April 25th, 2024 | 10am - 11:30 am PST
Free online webinar via Zoom

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WILLS & ESTATES FOR INDIGENOUS PEOPLE - PART 1:
Advance Planning Off-Reserve and Non-Status

APRIL 30TH, 2024 | 10AM - 11:30 AM PST
FREE ONLINE WEBINAR VIA ZOOM

REGISTER FREE ONLINE AT:
WWW.LEARNINGCIRCLE.UBC.CA



WILLS & ESTATES FOR INDIGENOUS PEOPLE - PART 2:
Advance Planning On-Reserve/Nation lands for Status Band Members

MAY 2ND, 2024 | 10AM - 11:30 AM PST
FREE ONLINE WEBINAR VIA ZOOM

REGISTER FREE ONLINE AT:
WWW.LEARNINGCIRCLE.UBC.CA



HEALING INNER VOICES

MAY 14TH, 2024 | 10AM - 11:30AM PST
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